

2018 POHICK CHURCH PARISH RETREAT  
Shrine Mont, Orkney Springs, Virginia

POHICK CHURCH ANNUAL PARISH RETREAT  
REGISTRATION

WHERE: SHRINE MONT, ORKNEY SPRINGS, VIRGINIA

WHEN: FRIDAY THROUGH SUNDAY, June 22-24, 2018

RETREAT THEME: CHRISTIAN FRIENDSHIP

TIMES: FROM FRIDAY DINNER (5:30 P.M.) THROUGH SUNDAY LUNCH (12:30 P.M.).

SIGN-UP DEADLINE: JUNE 10, 2018

Retreat coordinators: Neil and Judy Sunderland, (703) 670-2962, and/or [nomadicmapper@aol.com](mailto:nomadicmapper@aol.com)

**Shrine Mont Overview:** It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont, in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. Here, the diocese owns 1,100 acres of forest land featuring trails and lakes, hills and streams, at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees and guests worship at this beautiful shrine regularly.

**Fees:** The cost is **\$160** for adults (over 21), **\$60** for children, teens, and young adults (ages 4 - 21): Children 3 and under are free, except for a crib fee of \$6 for the weekend (if a crib is required). Baby-sitting during adult sessions is available for an additional \$10. Please note, that these costs should not prohibit any Pohick Church parishioners from attending the retreat. Church members needing financial assistance should contact Reverend Don Binder (703-339-6572). Costs are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 p.m..

**Baby-sitting Service:** For parents with children, we will have a super program for children, as well as a baby-sitting service (\$10), for the adult study sessions only. .

**What to Bring:** While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for our evening fellowship time together at the "Gathering Place." You also may wish to bring a flashlight, Bible, jacket or sweater, and other personal items. There is no air conditioning in our cottages, but most rooms now have electric fans.

**Study:** All participants are invited to join in study on three occasions. These sessions provide a great opportunity to get to know our clergy and fellow parishioners better. Please note that Shrine Mont expects parents to be responsible for the actions of their children, especially during the periods between the three planned sessions.

2018 POHICK CHURCH RETREAT, SHRINE MONT – REGISTRATION (Front)

Name(s) \_\_\_\_\_

Address: \_\_\_\_\_

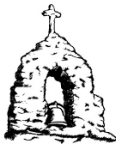
E-Mail: \_\_\_\_\_ Telephone No. \_\_\_\_\_

\_\_\_\_\_ Adults (over 21, **\$160** (each)) \_\_\_\_\_ Children/Teens/Young Adults (4-21, **\$60** each) \_\_\_\_\_

Young Children (3 and under, free); Cribs required (\$6 each): \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_ [PLEASE RETURN TO THE CHURCH SECRETARY OR MIKE MORGAN]

Please enclose a check to Pohick Church, marked "Shrine Mont," for **\$160.00** per adult (over 21), **\$60** for each child/teen/young adult (4-21); no charge for young children (3 and under). There is an additional charge of \$10.00 for baby-sitting and \$6.00 for each crib required. If you have any questions, please call the Parish Office (703 339-6572). We hope that you will be able to be part of this family gathering.



**2018 POHICK CHURCH PARISH RETREAT**  
**Shrine Mont, Orkney Springs, Virginia**

**REGISTRATION DEADLINE – SUNDAY, JUNE 10, 2018**

**Schedule**

**Friday, June 22**

- Afternoon arrival, rooms ready at 3 p.m.
- 5:30 p.m. Dinner
- 7:30 – 8:30 p.m. Welcome & Icebreakers in Art Hall
- 8:30 p.m. Compline
- 9:00 p.m. until... The Gathering Place

**Saturday, June 23**

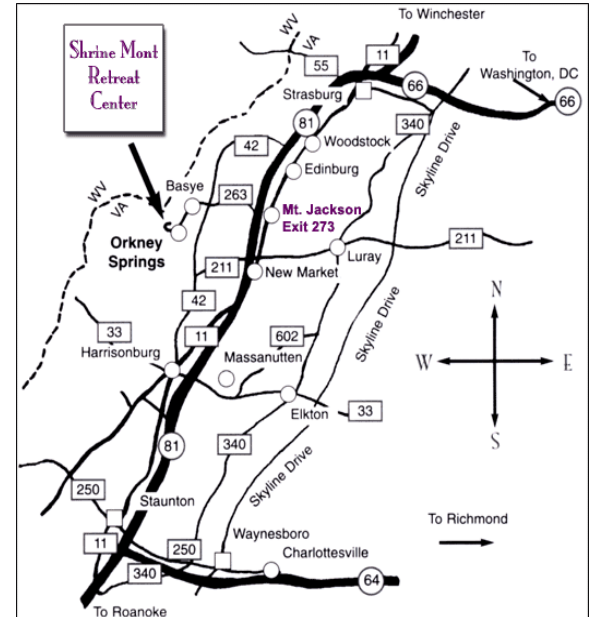
- 6:30 a.m. YOGA with Rita\*
- 7:30 a.m. Morning Prayer in Art Hall
- 8:00 a.m. Breakfast
- 9:00-10:30 a.m. Session I, Begin at Shrine, then Art Hall\*
- 10:30-12:30 p.m. Open/Activities
- 12:30 p.m. Lunch
- 1:00-4:30 p.m. Open/Activities
- 4:30-5:30 p.m. The Gathering Place
- 5:30 p.m. Dinner
- 7:00-8:00 p.m. Session II: in Art Hall
- 8:00 p.m. Evening Prayer at the Shrine
- 9:00 p.m. until... The Gathering Place

**Sunday, June 24**

- 6:30 a.m. YOGA with Rita\*
- 8:00 a.m. Breakfast
- 9:00-10:30 a.m. Session III: in Art Hall
- TBD Holy Eucharist at the Shrine\*
- 12:30 p.m. Lunch
- 1:30-4:00 p.m. Open/Depart

\*Subject to change

**Directions to Shrine Mont:** Shrine Mont is located 1 hour South of Winchester and approximately 2 hours from the Washington DC metro areas. To reach Shrine Mont, follow Route 66 West to I-81 South to Mt. Jackson (Exit #273). Turn left onto Rt. 703 (East), then right (South) on US 11, follow through town, turn right on Rt. #263 and follow approximately 13 miles to Orkney Springs.



**2018 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION (Back)**

**Activities and Options:** If you are interested in a particular activity, call Neil or Judy Sunderland (703-670-2962) please note that if you are not identified on the Phone ID our phone will not answer, so please leave a message and we can let you know who else has expressed interest:

- |                  |                  |                         |                               |
|------------------|------------------|-------------------------|-------------------------------|
| _____ Swimming   | _____ Basketball | _____ Volleyball        | _____ Shuffleboard            |
| _____ Tennis     | _____ Sleeping   | _____ Mountain Climbing | _____ Vineyards               |
| _____ Golf       | _____ Hiking     | _____ Eating            | _____ Bridge/other card games |
| _____ Horseshoes | _____ Shopping   | _____ Antiquing         | _____ “Porching”              |