

# POHICK CHURCH ANNUAL PARISH RETREAT REGISTRATION

Shrine Mont



SHRINE MONT, ORKNEY SPRINGS VIRGINIA

**DATES:** June 23 - 25, 2017

FROM FRIDAY DINNER (5:30 P.M.) THROUGH SUNDAY LUNCH (12:30 P.M.).

**SIGN-UP DEADLINE:** 11 JUNE, 2017

Retreat coordinators: Neil and Judy Sunderland, (703) 670-2962, POHICKCRETREAT@GMAIL.COM

**Shrine Mont Overview.** It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont, in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. Here, the diocese owns 1,100 acres of forest land featuring trails and lakes, hills and streams, at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open-air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees and guests worship at this beautiful shrine regularly.

**Fees.** The cost is **\$159** for adults (ages 13 and over), **\$59** for children (ages 4 - 12). Children 3 and under are free, except for a crib fee of \$6 for the weekend (if a crib is required). Baby-sitting during adult sessions is available for an additional \$10. Please note, that these costs should not prohibit any Pohick Church parishioners from attending the retreat. **Church members needing financial assistance should contact directly Reverend Don Binder (703-339-6572) to request scholarship assistance.** Costs are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 p.m.

**Baby-sitting Service.** For parents with children, we will have a super program for young people, as well as a baby-sitting service (\$10), in order to free up parents for other activities. Baby-sitters will be provided only during adult study sessions.

**What to Bring:** While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for our evening fellowship time together at the "Gathering Place." You also may wish to bring a flashlight, Bible, jacket or sweater, and other personal items. There is not air conditioning in our cottages, but most rooms now have electric ceiling fans.

**Study.** We will gather on three occasions to study and Rev. Binder/Correll put together a new program each year. These sessions provide a great opportunity to get to know our clergy and fellow parishioners better. This year's theme is "Finding an Attitude of Gratitude: How a Spirit of Thanksgiving Will Change Your Life." Please note that Shrine Mont expects parents to be responsible for the actions of their children, especially during the periods between the three planned sessions.

## 2017 POHICK CHURCH RETREAT, SHRINE MONT – REGISTRATION (Front)

Name(s) \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Telephone No.. \_\_\_\_\_

\_\_\_\_\_ Adults (**\$159** each) \_\_\_\_\_ Children (4-12, **\$59** each) \_\_\_\_\_ Young Children (3 and under, free) Cribs required (\$6 each): \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_ [PLEASE RETURN TO THE CHURCH SECRETARY OR MIKE MORGAN]

Please enclose a check to Pohick Church, marked "Shrine Mont," for **\$159.00** per adult (age 13 and over), **\$59** for each child (4-12); no charge for young children (3 and under). There is an additional charge of \$10.00 if you wish to take advantage the baby-sitting and \$6.00 for each crib required. If you have any questions, please call the Parish Office (703 339-6572). We hope that you will be able to part of this family gathering.

**REGISTRATION DEADLINE – SUNDAY, JUNE 11, 2017**

**2017 POHICK CHURCH PARISH RETREAT**  
**Shrine Mont, Orkney Springs, Virginia**  
 Schedule

**Friday, June 23**

Afternoon arrival, rooms ready at 3 p.m.	
5:30 p.m.	Dinner
7:30 – 8:30 p.m.	Orientation in Art Hall
8:30 p.m.	Compline
9:00 p.m. until...	The Gathering Place

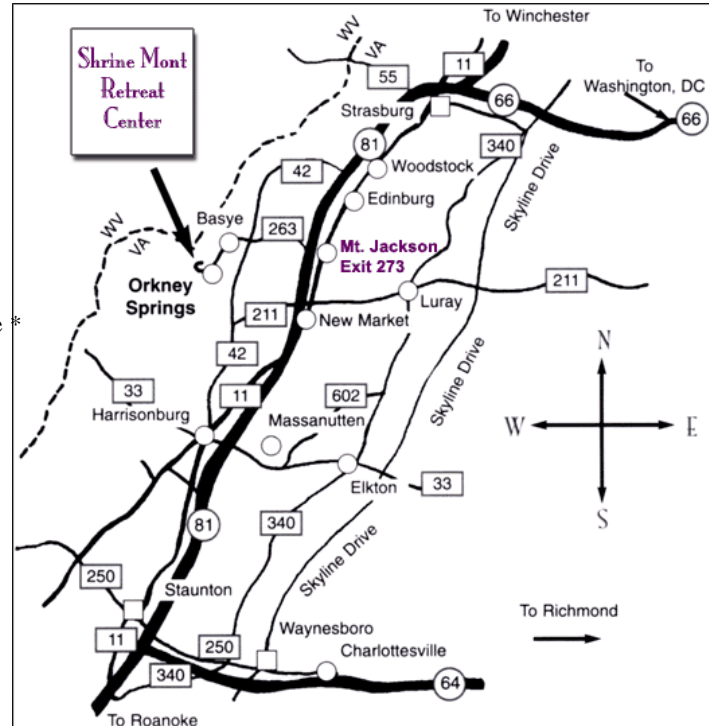
**Saturday, June 24**

6:30 a.m.	YOGA with Rita
7:30 a.m.	Morning Prayer in Art Hall
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session I, Group Photo at the Shrine*
10:30-12:30 p.m.	Open/Activities
12:30 p.m.	Lunch
1:00-4:30 p.m.	Open/Activities
4:30-5:30 p.m.	The Gathering Place
5:30 p.m.	Dinner
7:00-8:00 p.m.	Session II in Art Hall
8:00 p.m.	Evening Prayer at the Shrine
9:00 p.m. until...	The Gathering Place

**Sunday, June 25**

6:30 a.m.	YOGA with Rita
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session III in Art Hall
10:45 a.m.	Holy Eucharist at the Shrine*
12:30 p.m.	Lunch
1:30-4:00 p.m.	Open/Depart

\*Subject to change



**Directions to Shrine Mont:** Shrine Mont is located 1 hour South of Winchester and approximately 2 hours from the Washington DC metro areas. To reach Shrine Mont, follow Route 66 West to I-81 South to Mt. Jackson (Exit #273). Turn left onto Rt. 703 (East), then right (South) on US 11, follow through town, turn right on Rt. #263 and follow approximately 13 miles to Orkney Springs.

**2017 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION (Back)**

**Activities and Options** – If you are interested in a particular activity, call Neil or Judy Sunderland (703-670-2962) please note that if you are not identified on the Phone ID our phone will not answer, and they can let you know whom else has expressed interest:

- |                                     |                                     |  |  |
|-------------------------------------|-------------------------------------|--|--|
| <input type="checkbox"/> Swimming   | <input type="checkbox"/> Basketball | <input type="checkbox"/> Volleyball        | <input type="checkbox"/> Shuffleboard            |
| <input type="checkbox"/> Tennis     | <input type="checkbox"/> Sleeping   | <input type="checkbox"/> Mountain Climbing | <input type="checkbox"/> Vineyards               |
| <input type="checkbox"/> Golf       | <input type="checkbox"/> Hiking     | <input type="checkbox"/> Eating            | <input type="checkbox"/> Bridge/other card games |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Shopping   | <input type="checkbox"/> Antiquing         | <input type="checkbox"/> “Porching”              |