

# POHICK CHURCH ANNUAL PARISH RETREAT

Shrine Mont, Virginia

**Dates:** June 25 – 27, 2010, from Friday dinner (5:30 p.m.) through Sunday lunch (12:30 p.m.)

**Sign-up Deadline:** Sunday, June 20, 2010

**Shrine Mont Overview.** It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont, in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. Here, the diocese owns 1,100 acres of forest land featuring trails and lakes, hills and streams, at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees and guests worship at this beautiful shrine regularly.

**Fees.** The cost is **\$139** for adults (ages 13 and over), **\$89** for youths (ages 8 - 12) and **\$38** for children (ages 4 - 7). Children 3 and under are free, except for a crib fee of \$6 for the weekend (if a crib is required). Baby-sitting during adult sessions is available for an additional \$10. This year's fees reflect an increase for adults and a reduction for children. Please note, that these costs should not prohibit anyone from attending the retreat. Anyone need financial assistance should contact the Reverend Don Binder (703-339-6572). Costs are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 p.m...

**Baby-sitting Service.** For parents with children, we will have a super program for young people, as well as a baby-sitting service (\$10), in order to free up parents for other activities. Baby-sitters will be provided during adult study sessions (only).

**What to Bring:** While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for our evening fellowship time together at the "Gathering Place." You also may wish to bring a flashlight, Bible, jacket or sweater, and other personal items (a fan is not a bad idea; the air at Shrine Mont is cooled only by mountain breezes).

**Study.** We will gather on three occasions to study, but note, no one is obligated to attend any of these planned sessions. One may choose to do one's own thing for part of the time, or for the entire weekend! Shrine Mont expects parents to be responsible for the actions of their children, especially during the periods between the three planned sessions.



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## 2010 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION (Front)

Name (s) \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ E-Mail: \_\_\_\_\_ Telephone No.. \_\_\_\_\_

\_\_\_\_\_ Adults (**\$139** each) \_\_\_\_\_ Youth (8-12, **\$89** each) \_\_\_\_\_ Children (4-7, **\$38** each) \_\_\_\_\_ Young Children (3 and under, free)  
Cribs required (\$6 each): \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_

Please enclose a check to Pohick Church, marked "Shrine Mont," for **\$139.00** per adult (age 13 and over), **\$89.00** per youth (8-12), **\$38** for each child (4-7); no charge for young children (3 and under). There is an additional charge of \$10.00 if you wish to take advantage the baby-sitting and \$6.00 for each crib required. If you have any questions, please call the Parish Office (703 339-6572). We hope that you will be able to part of this family gathering.

**REGISTRATION DEADLINE – SUNDAY, JUNE 20, 2010**

**2010 POHICK CHURCH PARISH RETREAT**  
**Shrine Mont, Orkney Springs, Virginia**  
 Schedule

**Friday, June 25**

Afternoon arrival	Dinner
5:30 p.m.	Orientation in Art Hall
7:30 – 8:30 p.m.	Compline
8:30 p.m.	The Gathering Place
9:00 p.m. until...	

**Saturday, June 26**

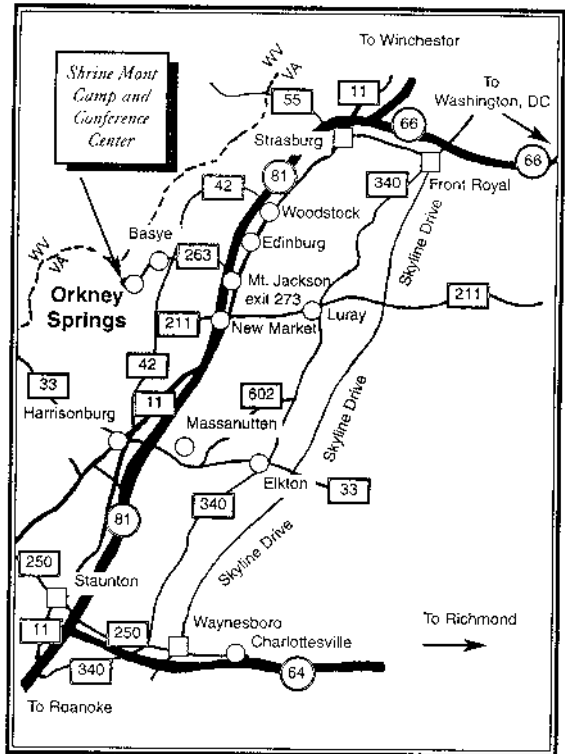
7:30 a.m.	Morning Prayer in Art Hall
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session I, Group Photo at the Shrine
10:30-12:30 p.m.	Open/Activities
12:30 p.m.	Lunch
1:00-4:30 p.m.	Open/Activities
4:30-5:30 p.m.	The Gathering Place
5:30 p.m.	Dinner
7:00-8:00 p.m.	Session II in Art Hall
8:00 p.m.	Evening Prayer at the Shrine
9:00 p.m. until...	The Gathering Place

**Sunday, June 27**

8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session III in Art Hall
10:30-11:00 a.m.	Pack, Check-out
11:00 a.m.	Holy Eucharist at the Shrine
12:30 p.m.	Lunch
1:30-4:00 p.m.	Open/Depart

**Golf.** Anyone desiring to play golf on Friday should plan to arrive at Shrine Mont no later than 10:30 a.m. Tee times will start at 11:30 a.m.. Contact Warren Prados (703-794-9063) for details on teams, course, etc. Tee times will also be available on Saturday.

**Directions to Shrine Mont:** From Pohick Church, take I-66 west to I-81 south. Exit 273 at Mt. Jackson. Turn RIGHT. Go to STOP sign. Turn LEFT. Go to STOP sign. Turn RIGHT on to State Route 263 to Orkney Springs and Shrine Mont. The trip takes about two hours from Pohick.



Shrine Mont is located 1 hour south of Winchester or 1 hour north of Harrisonburg, and approximately 2-1/2 hours from the Washington, DC and Richmond metro areas. To reach Shrine Mont, follow I-81 to Mt. Jackson (Exit #273). Turn left from DC or right from Richmond on to Rt. 703 (east), then right (south) on US 11 follow through town, turn right on Rt. #263 and follow approximately 15 miles to Orkney Springs.

**2010 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION (Back)**

**Activities and Options** – If you are interested in a particular activity, call Tom or Susan Mayberry (703-494-6108), and they can let you know whom else has expressed interest:

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|-------------------------------------|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Swimming   | <input type="checkbox"/> Basketball | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Shuffleboard            |
| <input type="checkbox"/> Tennis     | <input type="checkbox"/> Sleeping   | <input type="checkbox"/> Fishing    | <input type="checkbox"/> Mountain Climbing       |
| <input type="checkbox"/> Golf       | <input type="checkbox"/> Hiking     | <input type="checkbox"/> Eating     | <input type="checkbox"/> Bridge/other card games |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Shopping   | <input type="checkbox"/> Antiquing  | <input type="checkbox"/> Porching                |
| <input type="checkbox"/> Other      |                                     |                                     |  |

