



POHICK CHURCH ANNUAL PARISH RETREAT

Shrine Mont, Virginia

Dates: June 20 - 22, 2008, from Friday dinner (5:30 pm) through Sunday lunch (12:30 pm)

Sign-up Deadline: Sunday, June 15, 2008

Shrine Mont Overview: It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. The Diocese owns 1,100 acres of forest land featuring trails, lakes, hills, and streams at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees, and guests worship at this beautiful shrine regularly.

Fees: The cost is \$133 for adults (ages 13 and over), \$85 for youths (ages 8-12), \$34 for children (ages 4-7), and free for children under four. If a crib is required, there is a \$6 fee for the weekend. Babysitting during adult sessions is available for an additional \$10. Please note that these costs should not prohibit anyone from attending the retreat. Anyone needing financial assistance should contact the Reverend Don Binder at 703-339-6572. Fees are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 pm.

Babysitting Service: For parents with young children, there is a babysitting service (\$10), so parents can attend activities. Babysitters will be provided only during adult study sessions.

What to Bring: While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for evening fellowship time together at the "Gathering Place." Also consider bringing a flashlight, Bible, jacket or sweater, fan, and other personal items.

Study: There are three scheduled occasions to study, but note, no one is obligated to attend any of these planned sessions. One may choose to do one's own thing for part of the time, or for the entire weekend! Shrine Mont expects parents to be responsible for the actions of their children, especially during the periods between the three planned sessions.



2008 POHICK CHURCH RETREAT • SHRINE MONT • APPLICATION

Name(s) _____

Address: _____

_____ Email: _____ Telephone: _____

_____ Adults (\$133 each) _____ Youth (8-12, \$85 each) _____ Children (4-7, \$34 each)

_____ Young Children (3 and under, free) _____ Cribs required (\$6 each) _____ Babysitting (\$10)

Total enclosed: \$ _____

Enclose a check payable to Pohick Church, and mark "Shrine Mont" in the memo section. For more information, call the Parish Office at 703-339-6572.

REGISTRATION DEADLINE – SUNDAY, JUNE 15, 2008



2008 POHICK CHURCH PARISH RETREAT Shrine Mont, Orkney Springs, Virginia

Friday, June 20

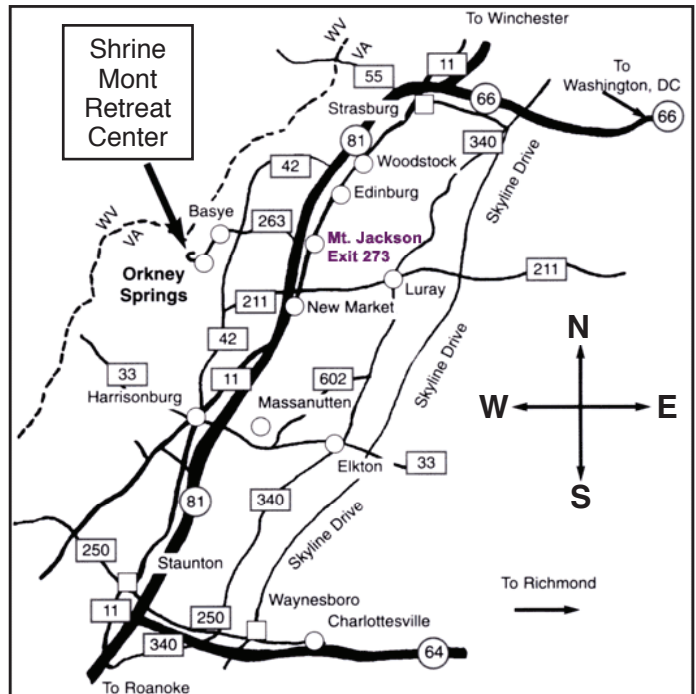
Afternoon arrival	
5:30 p.m.	Dinner
7:30 – 8:30 p.m.	Orientation in Art Hall
8:30 p.m.	Compline
9:00 p.m. until...	The Gathering Place

Saturday, June 21

7:30 a.m.	Morning Prayer in Art Hall
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session I, Group Photo at Shrine
10:30-12:30 p.m.	Open/Activities
12:30 p.m.	Lunch
1:00-4:30 p.m.	Open/Activities
4:30-5:30 p.m.	The Gathering Place
5:30 p.m.	Dinner
7:00-8:00 p.m.	Session II in Art Hall
8:00 p.m.	Evening Prayer at the Shrine
9:00 p.m. until...	The Gathering Place

Sunday, June 22

8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session III in Art Hall
10:30-11:00 a.m.	Pack, Check-out
11:00 a.m.	Holy Eucharist at the Shrine
12:30 p.m.	Lunch
1:30-4:00 p.m.	Open/Depart



Shrine Mont is located 1 hour south of Winchester or 1 hour north of Harrisonburg, and approximately 2 1/2 hours from the Washington, D.C. and Richmond metro areas. To reach Shrine Mont follow I-81 to Mt. Jackson (Exit #273). Turn left from DC or right from Richmond onto Rt. 703 (east), then right (south) on US 11, follow through town, turn right on Rt. 263 and follow approximately 15 miles to Orkney Springs.

Golf: Anyone desiring to play golf on Friday should plan to arrive at Shrine Mont no later than 10:30 am. Tee times will start at 11:30 am. Contact Don O'Connell at 703-455-7315 for details on teams, course, etc. Tee times will also be available on Saturday.

Directions to Shrine Mont: From Pohick Church, take I-66 west to I-81 south. Exit 273 at Mt. Jackson. Turn RIGHT. Go to STOP sign. Turn LEFT. Go to STOP sign. Turn RIGHT onto State Route 263 to Orkney Springs and Shrine Mont. The trip takes about two hours from Pohick.

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Activities and Options: Indicate particular activities of interest.

Tom or Susan Mayberry (703-494-6108) will keep track of others expressing an interest in all options.

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| <input type="checkbox"/> Swimming | <input type="checkbox"/> Basketball | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Shuffleboard |
| <input type="checkbox"/> Tennis | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Fishing | <input type="checkbox"/> Mountain Climbing |
| <input type="checkbox"/> Golf | <input type="checkbox"/> Hiking | <input type="checkbox"/> Eating | <input type="checkbox"/> Bridge/other card games |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Shopping | <input type="checkbox"/> Antiquing | <input type="checkbox"/> Porching |
| <input type="checkbox"/> Other | | | |