

# POHICK POST

## Pohick Episcopal Church

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*Let your light so shine (Matt. 5:16)*

## JULY 2006



*From The Rector*  
The Reverend  
Donald D. Binder, PhD

With the mercury rising and the humidity up, the beach begins to beckon. But because we don't want to leave our Christian spirituality behind as we head for our summer vacations, clearly it's time for another installment of "Binder's Beach Books."

For those of you who attended my Lenten series on Dante's *Divine Comedy*, you'll especially love my first suggestion: *The Dante Club* by Matthew Pearl. This period thriller is set in 19<sup>th</sup> Century New England during the time of the "Boston Brahmins" - Henry Wadsworth Longfellow, Oliver Wendell Holmes, and James Russell Lowell.

Longfellow is busy at work on the first American translation of Dante's masterpiece when grisly murders begin to break-out across the city. When he and others from his inner circle notice that the slayings parallel punishments from the *Inferno*, the "Dante Club" sets out to crack the case.

While this novel starts out slow, it gathers momentum as the reader begins to live in the literary world that Pearl has so masterfully recreated. But this book is more than a clever "Who-done-it?". It also explores racial and ethnic clashes following the Civil War, as well as conflicts between Harvard Unitarianism and Roman Catholicism, with mainstream Protestantism caught in between. As such, it provides background for the ongoing tensions between these groups today.

The publication of this novel in 2003 led to the reissuing of Longfellow's groundbreaking translation of *The Divine Comedy*. Since we covered the first two canticles of this poem in my Lenten course (*Inferno* and *Purgatorio*), vacation might be a good time to reflect upon the joys of the *Paradiso* in either Longfellow's edition or the translation by Dorothy Sayers, which remarkably preserves Dante's rhyming scheme in English.

Moving over to non-fiction, let me recommend a recent volume by Michael and Jana Novak, *Washington's God*. For decades, it has become the standard line for scholars to refer to the Father of our Country as a Deist in the mold of Jefferson and Paine. As Rector of the church where Washington once worshiped, I've spoken out against this view in addresses at Pohick and Mt. Vernon, as well as in television interviews.

But the Novaks have done an even greater service towards setting the historical record straight. Written for the layman, their volume provides compelling evidence that Washington's Christian faith was not only present, but that it sustained him throughout the many challenges he faced during the birth of our nation. This is essential reading for all Americans - and especially for members of our congregation - as it reveals how our founding father translated his faith into deeds that would forever change the course of history.

Following my article on Taizé last month, many parishioners have wanted to hear more of Brother Roger's story. To them and to all others who might be interested, let me suggest two books. *Universal Heart*

*Continued on page 2*



*From the Rector: continued from page 1*

(2<sup>nd</sup> ed.) by Kathryn Spink is a biography of Taizé’s founder, while *Brother Roger of Taizé: Essential Writings* contains some wonderful reflections for all Christians to ponder. Read these while listening to a CD of Taizé chant music (try “Joy on Earth” or “Songs of Taizé”) and I guarantee you will leave the beach transformed!

For teenagers jaded on religion, let them give Rob Lacey’s *The Word on the Street* a try. It’s an innovative paraphrase of the Bible - and here I emphasize the word *paraphrase*, as the back cover comes with a Purist Alert: “This is not THE Bible (capital B) . . . but it might just get you reaching for one.”

Lacey presents much of the Biblical story not in the poetic strains of the King James Version, but in today’s gritty, chopped-up English of the blogosphere. Here’s an example from Genesis 1: “First off, nothing . . . but God. No light, no time, no substance, no matter. Second off, God says the word and WHAP! Stuff everywhere!”

Even the formats are creative. The Psalms are presented as song lyrics (which they actually are), and the Epistles as emails. For grown-ups, the book includes a glossary of today’s “hip” terms so you can follow along as well.

Need some bedtime devotions to cap-off a full vacation day? Try *Sticky Situations* by Betsy Schmitt. It contains 365 real-world dilemmas for teens, each with five multiple choice responses to choose from - and the answers aren’t always clear. Each is keyed to a Bible verse if you need a cheat sheet.

Finally, if your family enjoyed the theatrical release of *The Lion, the Witch and the Wardrobe* last year, remind your kids that C.S. Lewis published the original in book form. Better yet, six more volumes follow the original novel. With no new Harry Potter tome out this year, these should keep them going all summer long!

That’s it for this year’s suggestions. Everyone have a wonderful summertime, but don’t forget we have church all summer long for when you’re home - and there’s sure to be a church nearby for those times when you’re able (and I hope you are) to slip out of town for some much deserved R & R.



*From The Assistant Rector*  
The Reverend Jane D. Piver

*Occasionally someone will ask for a copy of a sermon. Since many times they are works in progress, I am reluctant to give them out - it would be hard to follow with all the pen and ink changes and arrows pointing to something only I understand. So instead, I thought I would share with you the commencement address I presented at my daughter Dawn’s graduation. This was a once in a lifetime experience and a labor of love. Comments welcome.*

**Commencement Address**

University of North Carolina at Chapel Hill  
School of Nursing  
May 2006

As I began preparing this address, instead of going straight to the library to begin my research into the genre of literature known as the commencement address, I found myself musing over the process of how it came about that I was selected to be your commencement speaker. Process, now there is a

term, I suspect, that has become embedded in your consciousness over the course of your studies here at the University of North Carolina School of Nursing. And when this particular process was first mentioned to me by “Shy,” a member of the speaker’s committee, I was intrigued by how my name emerged. Was it because I had listened to your stories of struggle with instructors, administration, or just what is the nurse’s role? Reflecting with you that when you deal with human beings you just can’t make these things up. I had hoped to hear it was because Oprah Winfrey turned you down or Maya Angelo or the current president of the ANA was not available? Or your beloved nursing instructor couldn’t make it because she was off doing missionary work in El Salvador? No, I got the sense that it was more of an organic decision. You decided to find someone who had been in the trenches and in many ways still is. So a question bubbled up in their conversation, “I wonder if Dawn’s mom would be our speaker? She’s done some interesting things in her nursing career.” So here I am. I hope this is okay.

Dean Cronnenwett, distinguished faculty, alumni, metamorphosing degree candidates and all dearly beloveds: I am grateful to be with you this sweet Carolina

*Continued on page 3*



*From the Assistant Rector: continued from page 2*

afternoon and to the class of 2006 in the celebration of completion and commencement. It is different for me of course; I drove in yesterday and will drive back home tomorrow, while you are sitting here remembering your first look at this place, your first questions, your first incredulous stroll across the campus thinking, "I am really here! I'm in! They are really going to let me do this!"

As much as you might have worried that someone would spot you as an imposter, and tell you to turn in your newly purchased scrubs and stethoscope, pack it up and leave, no one ever did. You came to realize that your hand washing skills are no worse or better than anyone else. They are to be perfect. Your care plans are adequate. You realize that your ability to hone your hypothesis only leads you to more variables that need to be accounted for and more questions to be answered. Course by course, clinical hour by clinical hour, paper by paper, abstracts, protocols, statistical analysis - you dug into the mountain of degree requirements. Not to mention the requirements of your families and friends, your clinical instructors, your research committees, your employers and the State Board of Nursing - you found friends, faculty, and mentors willing to pitch in. Now the mountain (or hill) is behind you and the view is so clear that it is alarming. Whether you know where you are going or not, you have covered a lot of territory to be sitting here this afternoon.

Shall I say congratulations or thanks be to God? I say both for your presence here today is evidence of your hard work, courage, and great grace.

So here we are today. You have received a fine education to be practitioners of nursing whether it be at the entry level or master's or doctoral level. You all have such fine gifts to offer. Now we come to the time in the address where words of encouragement are to be offered. My task is to leave you with words of wisdom as you begin the next leg of your journey.

During my library search, I found that this genre of literature called commencement addresses is steeped in boredom. I barely remember my own commencement address. Despairing, I came across a commencement address given by Winston Churchill shortly after the close of World War Two. As the story goes, Mr. Churchill had been asked to be the commencement speaker at Oxford University. He was seated on

the platform, introduced, and then he rose and went to the podium. His first words were, "Never give up." He turned and walked back to his seat. There was a pause. Mr. Churchill rose and returned to the podium to say, "Never give up." He turned and returned to his seat. A pause, silence, and then he rose for the third time and returned to the podium to say, "Never give up." I suspect that that class of graduates never forgot their commencement address. And now to our purposes, let's use Mr. Churchill's words as touchstones and flesh things out.

Never give up on learning. That seems obvious as we sit here in the shade of one of the most prestigious universities on the East Coast. Some of you will be starting new jobs, there will be orientations, in-services, and continuing education. There is always something new to discover, learn, and use to the betterment of those we serve. Some of you will be teachers - keep your class notes fresh. Some of you have written or are writing the 'cutting edge' nursing research. Remember those variables are attached to human beings and they become our teachers. Keep current. Engage in a lifetime of learning. Demand this. There is no compromising on this one.

Never give up on striving for balance in your lives. St. Benedict, a wise monk from the sixth century, spoke both prophetically and practically about finding balance between work, rest, and study. We are practitioners of health and wholeness. It has been said, "Physicians heal thy self." I say, "Nurses care for yourselves." Seek and strive for this blame Benedict speaks.

Never give up on caring for what is right. Your voice may be the only one that is heard over the voice of bottom line, cost containment issues, and availability. Don't let the demons of pessimism, despair, and burn out consume you. And never give up on the ones we serve.

The Celts of old had this grounding tradition as they gathered around the campfire before or after a battle. Their prayers were interactive, courageous, direct, and fierce. Across the glow of the flames one would stand and point to another saying, "May God this day be your strong protector." Another saying, "May God this day protect you against fire and drowning." And I say, "May God this day guide you, protect you, defend you. May it be so."

Thank you.



## EYC NEWS

Jen Crump-Strawderman, *Youth Minister*

During the week of July 8 – July 15, twenty teens and six chaperones will be heading to Smithers, WV to join 400 additional teens in repairing homes for the elderly, disabled, and poor. Smithers is a coal mining town, so as part of the trip, the Pohick group will be touring a coal mining museum to learn and understand the experience and culture of the individuals being helped. Parishioners can and are welcome to send the teens and chaperones emails of encouragement. To send an email, go to [www.groupworkcamps.com](http://www.groupworkcamps.com), and click on “Email a Camper” link. Select the location of the workcamp (Smithers, WV) and address the email to an individual teen or chaperone. To send a message to the group as a whole, address the email to Jen Crump-Strawderman.

Several EYC events have been scheduled for this summer. The summer starts with a baby shower for the Junior High EYC advisor, Gray Raniella, on Saturday July 29 at Pohick Church from 2:00 - 4:00 pm. On Wednesday, August 9 all three EYC groups are invited to spend the day at Kings Dominion. Parent chaperones will be needed for this event – please contact Jen Crump-Strawderman. The summer will end with a movie night at the Church on Sunday, August 27 at 6:00 pm. Join the fun of a movie, popcorn, and ice cream. For more information on these events, check the EYC bulletin board in the Common Room, or call Jen at 703-765-6373.

Thanks to the EYC volunteers this year. The youth group has been blessed to have such wonderful advisors this year: Karen Godley Awenowicz, Kristina Myers, Gray Raniella, and Laurie Holly. Special thanks to Joe and Susan Moran who have volunteered the last several years to be the EYC dinner coordinators. Thanks also to Andy and Nicole Fluet for hosting small groups at the beginning of the year. Finally, a big thanks to all the parents who have volunteered as chaperones and drivers for the EYC events this year. Without this assistance, the teens could not have participated in all the fun events.



*On June 11, 2006*

### *Baptisms*

Jason Edwin Moss  
Terry Ray Stott  
Delaney Taylor Gorman



### *Confirmations*

John David Coats  
Matthew Benjamin Coats  
Mary Elise Dugan  
Sean Michael Dugan  
Klint Thomas Edgemon  
Travis Clinton From  
Austin Cain Gastrell  
David Baum Gray  
Sean Michael Jeffers  
David Jon Lehner, II  
Amy Marie Mapes  
Laura Katherene Mapes  
Hannah Marie McCracken  
William Edward Prados  
Laura Louise Richardson  
Kristen Elizabeth Robinson  
Maxwell Gust Schwoppe  
Talisman Aeneas Spivak  
Arch William Wilson  
Frederick Ramseur Wise  
William George Wrona  
Alyson Mae Yarwood  
Mark Bigford Coats



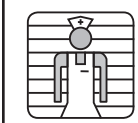
### *Reception*

Carrie Ann Cardell Moss



### *Reaffirmations*

Linda Louise Richardson Spivak  
Christopher Sherwood Robinson  
Robin Kay Robinson  
Joshua Daniel Robinson



## HEALTH NEWS

Carol Heddleston, *Parish Nurse*

It is July already and many may be planning a family trip to the beach. One of the most dangerous things about this yearly trip is exposure to the sun's rays. The following information about saving skin from sun damage came from [www.familydoctor.org](http://www.familydoctor.org).

**Why is the sun so bad for the skin?** The sun's rays, ultraviolet A and B (UVA and UVB), damage the skin and this leads to early wrinkles, skin cancer and other skin problems. A tan is the body's desperate attempt to protect itself from the sun's harmful rays.

**Where is skin cancer most likely to occur?** Most skin cancers occur on parts of the body that are repeatedly exposed to the sun. These areas include the head, neck, face, tips of the ears, hands, forearms, shoulders, back, chest, and the back and lower legs.

### What are the risk factors for skin cancer?

- Fair skin, or red or blond hair
- Light colored eyes
- Sunburning easily
- Having many moles, freckles or birthmarks
- Working or playing outside a lot
- Being in the sun a lot as a child
- Having had a serious sunburn in a lifetime
- Having a family member with skin cancer
- Tanning in the sun or with a sunlamp

**What does a normal mole look like?** A normal mole is solid, tan, brown, or flesh colored. Its edges are well-defined. It is usually smaller than 1/4 inch in

diameter and has a round or oval shape. It should be flat.

**How does one tell if a mole is not normal?** The main thing to look for is any change in a current mole or the appearance of a new mole. Most normal moles appear by age 30. Any moles that appear after that should be watched carefully and brought to the attention of a doctor.

**The ABCDE Rule to determine an abnormal mole:** **A** is for asymmetry: A mole that when divided in half doesn't look the same on both sides. **B** is for border: A mole with edges that are blurry or jagged. **C** is for color: Changes in color of a mole, including darkening, spread of color, loss of color, or the appearance of multiple colors such as blue, red, white, pink, purple, or gray. **D** is for diameter: A mole larger than 1/4 inch in diameter. **E** is for elevation: A mole that is raised above the skin and has an uneven surface.

Other signs include: a mole that bleeds, is fast-growing, scaly or crusted, or itches.

### How to prevent skin cancer:

- Avoid the sun, especially from 11:00 am until 3:00 pm, when the sun's rays are strongest.
- Do NOT use tanning booths or sunlamps.
- Wear protective clothing and hats.
- Check skin every month for signs of skin cancer.
- If an area that looks unusual is spotted, ask the family doctor about it.
- Use sunscreen to help protect skin, but do not think there is complete safety because sunscreen is worn.
- Reapply sunscreen often, especially if swimming or sweating.

### Transfers - In

Russ Andrew Wyllie, Sr  
 Jennifer Billings Wyllie  
 Russ Andrew Wyllie, Jr  
 McFerrin Elizabeth Wyllie  
 Charles Earnest Hornick, Jr  
 Megan Alexis Hornick  
 Charles Earnest Hornick, III  
 Abigail Nancy Blanchard



### Burial

Anna Laura Hyer  
 Died Dec. 24, 2005 - Buried May 26, 2006

## CHRISTMAS MART JEWELRY TABLE

Unused jewelry now has a purpose. Please donate any jewelry no longer needed to the Christmas Mart Jewelry Table. Profits from the jewelry sales have been very substantial for the past few years, thanks to lots of donations. Any jewelry, in any condition, is useful. Broken jewelry is bagged and sold to craft makers.

Jewelry can be left in the Church office, or given to Pat Osisek, Anne Poad, or Cammie Liddle. Questions should be directed to Cammie Liddle at 703-971-7548.



## MISSION TRIP TO NEW ORLEANS JUNE 3 – 10, 2006

By Susan Homar

“The Pohick IV” – that was the name our mission group was given by the resource coordinator for the Diocese of Louisiana. Sandra Caesar, Doug Smith, Becky Wagner and I made up this first team from Pohick. It is truly our hope that this is just the first group to make this mission trip. I am not certain words can express the experience we had or the need that remains. We were able to touch and help a few people in real need – one family at a time. The ongoing work of the group that we supported has aided approximately 280 families to date with “deconstructing” their homes. That is the nice way of saying “gutting” – taking the homes down to the studs – removing all personal belongings, appliances, baseboards, trim, drywall, ceilings – everything down to the frame. This was the physically challenging part of the job. This effort is taken on to help families who are trying to determine if they can return home – those who do not have the resources to hire contractors. In some cases the families are then in a position to determine how they can rebuild. In other instances the families are then in a position to make the difficult decision to tear down their homes.

The emotionally challenging part of this trip was seeing the devastation that still remains in many parts of the city and in the Ninth Ward in particular. The need is much greater than we previously realized. We were able to comfort those with whom we came in contact by listening to their stories. There are so many stories to be told! During the course of the week, the group worked on the homes of a woman who was an artist and a pilot in World War II, a Fire Captain/youth coach/medal recipient for Desert Storm, and a

woman who had just completed her college degree in business with dreams of becoming an educator.

One of the most heartening parts of our experience was the op-

portunity to meet the other volunteers. Some, like us, were there for a few days or for the week. There was an exceptional group of college students and recent graduates (primarily from Grinnell College in Iowa and Kenyon College in Ohio) who provide a core group to the volunteer effort. These remarkable and selfless students have committed themselves to this project for six weeks to three months over the summer. Many of them returned after spending their spring break in New Orleans with the relief effort. These young people provide the continuity to the volunteer teams and many of them serve in leadership capacities at each worksite since they are now the seasoned veterans. For these young people the experience will be life changing. They are seeing first hand the difference they are able to make one family at a time. They are also developing leadership, communication, and time management skills.

Becky Wagner did some research before our trip and put us in touch with Animal Rescue of New Orleans where we were able to provide help to the staff as well as the animals. Becky followed each day’s “deconstructing” activities with a visit to the Shelter to make sure that each of the dogs staying there got a good afternoon walk. The staff at the shelter and the dogs and cats truly seemed very appreciative. The shelter provides housing for cats and dogs that have been found in New Orleans, and makes an effort to find homes for the animals.

I believe all of us found that we were able to accomplish a great deal more than we had anticipated. I believe we all received a great deal more in return. There is so much more to be done, and the Episcopal Diocese of Louisiana has established a very effective program in which we were able to insert ourselves. If you are interested in making this journey, please let me know. It is not too late for Pohick to send another team or two down this year!

I believe I can speak for our group to say that we were impressed with the fellowship of the assembled group, that we are most appreciative of all of those who supported us in this trip, and we are thankful for what we were able to contribute. Most importantly we were aware that God was with us and with the families as we did His work. We are grateful for this blessing.





Pohick Episcopal Church  
**VACATION BIBLE  
SCHOOL**  
July 10 - 14, 2006

**REGISTRATION FORM**

*To be held at:*

Pohick Episcopal Church • 9301 Richmond Highway • Lorton, Virginia 22079

For children age 3 (only if potty-trained) through Grade 5\*

Monday - Friday • 9:00 am - 12:00 noon

IT IS NECESSARY FOR THE DAILY SESSIONS TO BEGIN PROMPTLY AT 9:00 AM.

**If you would like to help our Christian Education budget,  
a donation of \$15.00 per family would be most appreciated.**

**Directions: Please fill out a separate form for each child attending.**

Child's Name \_\_\_\_\_

Address \_\_\_\_\_  
(street) (city) (zip)

Telephone \_\_\_\_\_ Date of Birth \_\_\_\_\_

\*School Grade completed in June of 2006 \_\_\_\_\_

Parents' Names \_\_\_\_\_

Medical Information (eg food allergies, etc.) \_\_\_\_\_

**PLEASE CHECK WHERE APPROPRIATE:**

- I can stay and help if needed.
- My child would like to come, but will need a ride.
- We would like to carpool, if possible.
- I can provide a ride for \_\_\_\_\_ child(ren).

**Please return this form to the Church office, either in person or by mail.**

(over)



POHICK EPISCOPAL CHURCH  
**VACATION BIBLE SCHOOL**

**PERMISSION FOR EMERGENCY CARE**

Name of Child \_\_\_\_\_

Date of Birth \_\_\_\_\_

Name of Parent/Guardian \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

**“THE CHURCH HAS MY PERMISSION TO CALL ANOTHER PHYSICIAN IN AN EMERGENCY WHEN FAMILY PHYSICIAN OR I CANNOT BE CONTACTED.”**

Name of Family Physician \_\_\_\_\_

Telephone \_\_\_\_\_

IS YOUR CHILD:  
ALLERGIC TO MEDICATION? \_\_\_\_\_

IF SO, WHICH \_\_\_\_\_

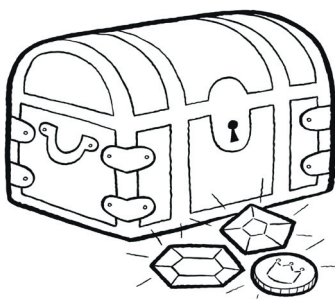
ANY OTHER ALLERGIES - SUCH AS BEE STINGS \_\_\_\_\_

UNDER PHYSICIAN’S CARE? \_\_\_\_\_

UNDER MEDICATION NOW? \_\_\_\_\_

**“THE CHURCH HAS MY PERMISSION, IN AN EMERGENCY WHEN I (OR MY PHYSICIAN) CANNOT BE CONTACTED, TO TAKE MY CHILD TO THE EMERGENCY ROOM OF THE NEAREST HOSPITAL AND ITS MEDICAL STAFF HAVE MY AUTHORIZATION TO PROVIDE TREATMENT WHICH A PHYSICIAN DEEMS NECESSARY FOR THE WELL-BEING OF MY CHILD.”**

NOTE: By law a parent cannot consent in advance to any and all manner of emergency care. It is understandable that in cases, other than the need for immediate emergency treatment, the attending physician may defer treatment pending the parent’s permission to administer professional service.



\_\_\_\_\_  
(parent/guardian signature)

\_\_\_\_\_  
(date)



## Pohick Church Activities JULY 2006

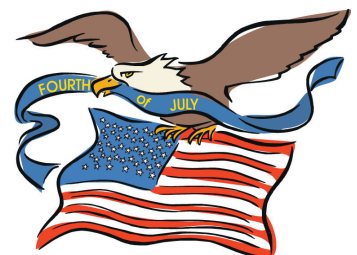
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE 25	26	27	28	29	30	JULY 1
<i>Shrine Mont Retreat</i> Proper 7b 8:00a HE I 10:00a HE II		9:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 7:30p HE/LOH	8:30p AA		8:00-9:00a BSA
2	3	4	5	6	7	8
Proper 8b 8:00a HE I 10:00a HE II		<i>Independence Day</i> 9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 7:30p HE/LOH	8:30p AA		<i>EYC Mission Trip</i> 8:00-9:00a BSA
9	10	11	12	13	14	15
<i>EYC Mission Trip</i> Proper 9b 8:00a HE I 10:00a HE II	<i>EYC Mission Trip</i> 9a-12p VBS	<i>EYC Mission Trip</i> 9a-12p VBS 9:30a Staff Mtg. 2:30p HE II, The Fairfax 7:30p Vestry Mtg.	<i>EYC Mission Trip</i> 9a-12p VBS 10:00a Parent/ Toddler Group 7:00p Commu- nity of Hope 7:30p HE/LOH	<i>EYC Mission Trip</i> 9a-12p VBS 8:30p AA	<i>EYC Mission Trip</i> 9a-12p VBS	<i>EYC Mission Trip</i> 8:00-9:00a BSA 9:15a Fair Com- mittee Meeting Heddleston Wedding (tent.) <b>Pohick Post Deadline</b>
16	17	18	19	20	21	22
Proper 10b 8:00a HE I 10:00a HE II		9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 7:30p HE/LOH	8:30p AA		8:00-9:00a BSA
23	24	25	26	27	28	29
Proper 11b 8:00a HE I 10:00a HE II		9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 7:30p HE/LOH	8:30p AA		8:00-9:00a BSA
30	31	AUG 1	2	3	4	5
Proper 12b 8:00a HE I 10:00a HE II 5:00p Mission Trip Post Mtg.		9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 7:30p HE/LOH	8:30p AA		8:00-9:00a BSA

### SEND US YOUR NEWS!

Articles for the August *Pohick Post* are due **NO LATER** than **July 15!**

Forward your input by email in Word compatible format  
to Lori Buckius, [raebuck@aol.com](mailto:raebuck@aol.com).

Design concerns & items for the Sunday Service Volunteers page  
should be addressed to Carmel Hodge, [cchodge@cox.net](mailto:cchodge@cox.net).



**SUNDAY SERVICE VOLUNTEERS**

	2 JULY	9 JULY	16 JULY	23 JULY	30 JULY
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**USHERS**

8:00	Joe Moran Tony Marsico	Bill Stewart Becky Wagner	Bob Bartlett Randy Brooks	Edwardene Pitcock Bob Johnson	Don O'Connell Shirley Kapusciarz
10:00	Jim Hayes Tony Harriman Jim Heller Wes Speer	Tom Mayberry Norma Avery Roy Avery Stew Remaly	Fuzzy Thurston Jane Thurston Julie Cudworth Randy Cudworth	Beth Altman Andrea Gurrola Matt Gurrola Terry Mullins	Bill Bland Don Buckius Hal Yarwood Susan Yarwood

**OPEN - UP**

7:00	Joe Moran	Susan Pehrsson	Sarah Booth	Edwardene Pitcock	Doug Smith
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**LOCK - UP**

12:00	Reed Heddleston	Peter Kind	Jane Thurston	Ken Wrona	Wayne Biggs
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**GREETERS**

8:00	Bill Wrench	Becky Wagner	M/M Jerry Edwards	M/M Ken Evans	Doug Smith
10:00	Chuck Allen	Vaughn/Faber	M/M Halla	M/M Gerry Gray	Brandi Hood

**TELLERS**

11:15	Faber/TBA	M/M Cunningham	Brooks/Mayberry	Pitcock/Schmid	Heintze/TBA
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**ALTAR GUILD**

AM	BJ McPherson J. Holm A. Powell/A. Powell C. Sams J. Schmid E. Pitcock J. Cudworth A. Marsico	E. Meek/B. Wagner J. Sunderland T. Vaughan P. Emmons R. Teale N. Bireley J. MacDonald D. McCreery	E. Meek/B. Wagner J. Sunderland T. Vaughan P. Emmons R. Teale N. Bireley J. MacDonald D. McCreery	J. Wells/K. Hodges N. Sage C. Foster C. Heddleston J. Buckley S. Wrona C. Hanchin S. Kapusciarz	J. Wells/K. Hodges N. Sage C. Foster C. Heddleston J. Buckley S. Wrona C. Hanchin S. Kapusciarz
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**FLOWER GUILD**

AM	J. Brimmer	A. Stribling	K. Perconti	BJ McPherso	J. Cudworth
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**COFFEE HOUR**

8:00	M/M Ferlazzo	M/M Ferlazzo	M/M Peterson	M/M Pasour	M/M Evans
10:00	M/M Vaughn	TBA	M/M Prados	M/M Hogg	M/M New-Ringeisen

*The Sunday Service Volunteers Schedule is also available at Pohick Church's website, [www.pohick.org](http://www.pohick.org), under "Ministries."*

**HODGE PODGE**

Time marches on! Planning for the Pohick Country Fair has already begun, and the open expanse of the Common Room will be transformed once again into Hodge Podge.

This year Jeff and Helen Parker will be organizing Hodge Podge. Fuzzy and Jane Thurston will remain available to help indoctrinate the Parkers. The dedicated group of volunteers that have been instrumental in the success of Hodge Podge will still be needed to help the Parkers take Hodge Podge to the next level of achievement.

**Hodge Podge Guidelines:** Due to lack of storage space, please do not bring items for sale to the Church until the second week in September when a notice is published in the *Pohick Post* or the weekly bulletin. The Common Room will be partitioned off for donations. A list will be published of items that sell and items that will not sell. If anyone wants to volunteer to provide a pick up service of large items from homes or storage bins, please contact Jeff or Helen Parker at 703-497-5927.



## WISHING WELL 2006

Pohick's annual Wishing Well has been carefully developed by the Church staff. There are a variety of "wishes" that need to be granted that will enhance various areas of the Pohick ministry, and enrich the continuing mission at Pohick.

Make one or more of these "wishes" come true by selecting a listed item, and sending an email to [dbinder@pohick.org](mailto:dbinder@pohick.org). Interested parties will be informed of the items' continued availability and sent an acknowledgement with instructions for how to proceed. ☺ *Happy face denotes that a "coin has been cast" for that item!*

### Christian Education Godly Play Curriculum Modules

- ☺ The Good Shepherd Large Table (*Preschool*) \$11
- ☺ The Good Shepherd Large Table (*Kindergarten*) \$11
- ☺ The Good Shepherd Large Table (*1st and 2nd grade*) \$11
- ☺ The Good Shepherd Fence (*Preschool*) \$18
- ☺ The Good Shepherd Fence (*Kindergarten*) \$18
- ☺ The Good Shepherd 2 Felt/Wood circles (*Preschool*) \$32
- The Good Shepherd 2 Felt/Wood circles (*Kindergarten*) \$32
- Holy Family (*Preschool*) \$32
- Holy Family (*Kindergarten*) \$32
- Easter Egg Story (*Preschool*) \$65
- The Promised Land – Priests with Ark (*Preschool*) \$20
- The Promised Land – Priests with Ark (*Kindergarten*) \$20
- The Promised Land – Priests with Ark (*1st and 2nd grade*) \$20
- The Road to Emmaus – Backdrop (*Preschool*) \$27
- The Road to Emmaus – Backdrop (*Kindergarten*) \$27
- Noah's Ark Puzzle (*Preschool*) \$22
- Noah's Ark Puzzle (*Kindergarten*) \$22
- Jonah and the Whale Puzzle (*Preschool*) \$22
- Jonah and the Whale Puzzle (*Kindergarten*) \$22
- Daniel in the Lion's Den Puzzle (*Preschool*) \$22
- Daniel in the Lion's Den Puzzle (*Kindergarten*) \$22
- Moses / Ten Commandments Puzzle (*Kindergarten*) \$22
- ☺ Puzzle of the Ten Commandments (*1st and 2nd grades*) \$42
- Abraham (*3rd and 4th grades*) \$65
- Joseph (*3rd and 4th grades*) \$65
- Jacob (*3rd and 4th grades*) \$65
- Ruth (*3rd and 4th grades*) \$65
- Sarah (*3rd and 4th grades*) \$65
- Moses (*3rd and 4th grades*) \$65
- Samuel (*3rd and 4th grades*) \$65
- King David (*3rd and 4th grades*) \$65
- Elijah (*3rd and 4th grades*) \$65
- Isaiah (*3rd and 4th grades*) \$65
- Jeremiah (*3rd and 4th grades*) \$65
- Ezekiel (*3rd and 4th grades*) \$65
- Daniel (*3rd and 4th grades*) \$65
- Job (*3rd and 4th grades*) \$65



### Nursery Equipment

- ☺ CD Player \$30
- Spotbot \$75

### EYC Equipment

- ☺ DVD/VHS Player \$80

### Choir Equipment

- Handbells  
(*Letters/Numbers refer to Notes and Octaves*)
- C4 \$320
- C#4 \$320
- D4 \$306
- D#4 \$306
- 1 case for C4-D#4 \$200
- E4 \$288
- F4 \$242
- F#4 \$242
- G#6 \$127
- A6 \$127
- A#6 \$127
- ☺ B6 \$127
- C7 \$127
- 1 case for E4-F#4, G#6-C7 \$200

### General Equipment

- ☺ Ladder Leveler \$40
- Office Chairs for Tellers 2 @ \$560 each

Thank you for your prayerful consideration of these "pennies" on our Wishing Well. Your help will go a long way toward enriching our continuing mission at Pohick!

