

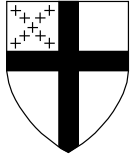
POHICK POST

Pohick Episcopal Church

9301 Richmond Highway • Lorton, VA 22079
Telephone: 703-339-6572 • Fax: 703-339-9884

Let your light so shine (Matt. 5:16)

JUNE 2004



From The Rector
The Reverend
Donald D. Binder, PhD

At a recent conference on Evangelism, a panel of Church Planters was asked to identify their greatest obstacle in starting a new church. Was it finding a place to meet? Was it raising funds for expenses? Was it communicating with the families in the surrounding communities?

In fact it was none of these things, said the panel. So then, what was their greatest obstacle?

“Soccer” the panel unanimously agreed.

In their response, these Church Planters gave voice to what many of us recognize intuitively: the increasing marginalization of the Church in American culture. Where once the Church stood at the center of the local community, in recent years it has been more and more pushed off to the edges.

Now, don't get me wrong. I like soccer just fine. My children have participated in this and other activities, and so did I as a kid. But whereas these were mostly after-school functions in the days of my youth, they have now crowded into every nook and cranny of the week.

In recent years, even Sunday mornings are not exempt. In fact, a lot of leagues schedule Sunday morning games and tournaments without even giving the slightest thought that some of their families might want to spend that time in Christian worship, fellowship and Sunday School. As kids themselves,

these officials might have admired Eric Liddell's refusal to run an Olympic race on Sunday in the 1981 movie “Chariots of Fire.” But such ideas now appear quite quaint to them—or so it seems.

Adults themselves face a similar struggle. Seeking ever greater productivity, employers are exacting more and more pounds of flesh from their subordinates. Keeping the Lord's Day in this 24/7 dog-eat-dog climate seems an anachronism.

But let me not beat-up too much on sports and businesses, for even the “religious” world is not immune.

I used to attend the annual American Academy of Religion/Society of Biblical Literature Conference, which attracts tens of thousands of religious scholars every year on the weekend before Thanksgiving. Egregiously, the conference planners invariably scheduled seminars throughout Sunday, beginning at 7:00 am! I always skipped these and went to worship at a nearby church (except for the year it was held at

Continued on Page 2

DATES TO REMEMBER

June 5	7pm	Sounds of Pohick Concert
June 6	8 & 10am	Summer Service Hours
		Begin
June 25-27		Parish Retreat, Shrine Mont
July 10-18		Mission Trip
July 12-16	9am-12pm	Vacation Bible School





Continued from Page 1

Disney World, and, because there are no churches in the “Magic Kingdom,” I stayed in my hotel room and said Morning Prayer). Still, the organizers seemed oblivious to the notion that a group of religious scholars (including a high percentage of ordained clergy) might want to actually practice their religion on Sunday morning!

Well, I’ve gone on long enough. My point is that we are living in an increasingly secularized and pluralistic society that no longer routinely tips its hat to Christianity.

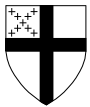
That makes our task as Christians harder. Because we value Christian worship, study and mission—not only for ourselves, but especially for our children—we must choose wisely when selecting vocations and avocations. More than that, we may need to pull an Eric Liddell from time to time, to awaken coaches, officials and bosses to the fact that our faith is central to our lives. Yes, we live in a pluralistic society. But let’s help society recognize that Christianity is part of that plurality!

We have spent too much time arguing over whether the Ten Commandments belong on courtroom walls and not enough on applying those commandments to our lives. Nowadays, among the least applied of those commandments is the one dealing with the Sabbath. That Sabbath (or the Lord’s Day, for Christians) was given for a reason: not only do we need the rest, but we especially need the time to commune with our God and with each other, as members of the Body of Christ. When that doesn’t happen, the center begins to crumble, and our worlds start to fall apart.

That said, I look forward to seeing you all on Sunday morning!

Faithfully,

Donald D. Binder+



From The Assistant Rector

The Reverend Jane D. Piver

REUNIONS

Reunions seem to be a peculiar phenomenon in our culture. We go to class reunions. We go to family reunions. We go to organizational reunions. For some reason, we like to get together to remember and to renew our friendships our acquaintances. It is as though in this remembering we hope to find a piece of ourselves and others to share. And sometimes, we stay away because of old hurts and angers.

I had the opportunity to attend a reunion of the Navy Nurse Corps Association last week. It was an interesting experience. I looked forward to seeing old friends and learning of their adventures since we had been together doing the work we love in the service to a country we cherish and that happened many times. And then there was one woman who told me she had stayed away for many years. She had been so hurt by a former chief nurse that the thought of running into this person who had made her life miserable was unbearable. She carried a

large suitcase of bitterness. But she had come this year and sure enough she ran into her old nemesis. Standing before her was a frail old woman bent with arthritis, “How do you stay mad?” she asked. Apparently reunions can level the playing field, too. Perhaps they can help us reconnect to ourselves by letting go of old hurts. As well as name tags and too much food, you can find moments of grace at reunions too.

We do a sort of reunion every Sunday morning when we gather for worship. We remember who we belong to and what our family name is. We recall our history and what brings us together again. We are thankful for our many blessings. We are sorry for our transgressions and hear words of forgiveness and comfort. And we celebrate together around a wonder Table prepared for us out of God’s abundance. We are filled and our spirits renewed. We return to our work and homes only to come again to remember next time.

Some of you will be attending reunions over the summer months. Have fun!! These gatherings are meant to be enjoyable. There is a richness of memories that can feed your spirit. And don’t forget to reunion with your Pohick family, too.

Jane Piver



SENIOR WARDEN'S REPORT

Summer is here and as always, June will be a very busy month for Pohickians. Don't forget that church services will be on the summer schedule as of June 6 with services at 8:00 am and 10:00 am. Upcoming events you will not want to miss this month include:

The Sounds of Pohick Concert: June 5 at 7 pm

Volunteer Breakfast: June 13 at 8:30 am

Bishop's Visit and Confirmations: June 20

Notes from the May Vestry meeting:

The Pohick Vestry met May 11. Father Binder opened the session with the Spiritual Welfare of the Cure, remembering those in our Parish that are in need of prayer.

Roberta Fede presented a report and recommendation from the Capital Building Campaign Committee. The committee recommends that we hire a consultant to begin the process of discernment and survey. The Vestry approved the recommendation. The discernment and survey phase should begin in August of this year.

The Vestry has had a change in membership. Due to professional and other demands, Bruce Baird and Blaise Burry resigned from the Vestry. The Vestry has elected Doug Smith and Ken Evans to serve in their stead until the Parish Meeting in December. Thanks to both Bruce and Blaise for their service to the Parish during their tenures and we look forward to their continuing ministries with us in other capacities.

Father Binder reported that the organ restoration fund exceeded all goals. Part of the extra money raised will be used to add an additional row of "string" pipes. The remainder of the funds will go into the organ maintenance account. Thanks to all that contributed and organized fund raising events.

A Diocesan Task Force on Giving has been appointed by Bishop Lee pursuant to a resolution of the 209th Diocesan Council. The Task Force is seeking comment on specific issues related to financial support of the dioceses by parishes. The issues include:

- How each parish's obligation to support the diocese is or should be calculated;
- Whether such giving should be voluntary, mandatory, or some mix of these approaches;
- What, if any, enforcement mechanisms should be provided;
- Whether and what kind of conscience clause or alternate compliance mechanism should be provided for those parishes which have a conscientious objection

to giving to the unrestricted diocesan budget.

The Northern Virginia meeting will be held at Truro, Fairfax on June 2 at 7:30 pm.

One Vestry Gram was received in April. The Vestry Gram asked that "The Vestry consider contributing a portion of any restricted funds in the 2005 budget to the EYC annual weeklong work camp to repair homes of the elderly, destitute and disabled residents of impoverished communities." This Vestry Gram was referred to the Finance Committee for consideration in the 2005 budget planning process.

The Junior Warden reported that the water project is on schedule. Installation should be finished in May. The traffic engineer for VDOT has reset the cycle time on the Old Colchester traffic light on Sunday mornings between 8:30 am and 11:30 am. The light should stay on longer to allow people coming out of church more time to turn onto Route 1. Thanks to all that participated in the Spring Clean Up.

Pete Kind, Treasurer, reported that plate and pledge giving continues to run ahead of budget for yet another month. Assuming this trend continues, we should be able to erase the budget deficit we had at the beginning of the year. The Finance Committee returned a recommendation that the Youth Minister position be changed from a quarter-time position to a half-time position. The Vestry approved this recommendation. Recruitment for the position continues.

Other reports of significance:

- The 2004 EYC mission trip is fully funded.
- The Wishing Well has returned to the Common Room.
- Parish Retreat: Our Parish Retreat to Shrine Mont will be held June 25 - 27, 2004, at our Diocese's retreat center in Orkney Springs, Virginia. Please contact Tom or Susan Mayberry or Vonne Troknya if you wish to attend. Registration forms are available in the service bulletins, the June Pohick Post, and the Church office. Please note that the registration deadline is Sunday, June 20, 2004. Remember: this is a great event, but there is a limited capacity and the rooms go fast! To ensure a spot, register as soon as possible.

Feel free to contact me regarding any Pohick topics, suggestions or ideas. If you want an issue to be addressed before the Vestry, label all written or electronic correspondence "Vestry Gram." To send a Vestry Gram, use the form on the back of the Pohick Post, e-mail me at RandyBrooks@cox.net, or catch me at coffee hour!

Randy Brooks, *Senior Warden*



HAVE YOU SEEN ANGELS AT THE ALTAR?

“Give us all reverence for the earth as your own creation, that we may use its sources rightly on the service of others and to your honor and glory.”

(Book of Common Prayer)

Altar Guild work is a vocation. The altar is the center of the church’s life, and is the primary concern of the Altar Guild. We should vest the altar with care and keep it in immaculate condition. This is a must! Even though parishioners regularly attend the services of the church, many are unaware of the work involved in preparing the table for the Eucharist. It isn’t magic or a miracle that the table is “set”, the brass polished, the silver shining, and the linens pristine. This is all done by a dedicated group from our congregation known as the Altar Guild.

There was a time in the Episcopal Church, when the Altar Guild was comprised of pious women, who were not employed outside the home, their children grown, or on their own, who made great sacrifices to look after the church’s housekeeping. Duties included: washing and ironing of all vestments; cleaning floors; dusting pews, and putting flowers on the altar. Only after rigorous training and an apprenticeship of six months to a year, while maintaining no talking while working, a hat to cover the head, and wearing a smock while working could they become a member. As late as 1934, a manual stressed that “the more self-effacing a member is, the more valuable she is.”

Even though circumstances have changed over the centuries, the essence of altar work has remained constant. All the preparations done “behind the scene” are certainly necessary for the efficient functioning of worship. It is not mere housekeeping and should not be seen as menial work. Altar Guild is a vital ministry, a joy, and a great privilege. It is done for the greater glory of God. Today’s Altar Guilds are so fortunate to have people of all ages, backgrounds, male and female working together as one. This article is a call for anyone who might be interested in becoming a member of Pohick’s Altar Guild. All members who have been baptized and in good standing are most welcome!

“Now as they went on their way, he entered a certain village where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord’s feet and listen to what he was saying.” (Luke 10:83-39). We members of the Altar Guild are Martha when we set up the altar, shine the brass, clean the silver, and wash the linens, however, we become Mary when we sit back down in the congregation and listen to his word! We welcome you to join us to be a part of the joy and the privilege.



Jacqueline Wells
Member of Pohick Altar Guild

GUILD OF THE CHRIST CHILD



The Guild of the Christ Child is excited to share the good news! We are growing!

On Friday, May 14th, the Guild of the Christ Child hosted a reception at the home of Linda Cutler to encourage interest in the Guild. We had a lovely evening of fellowship and comfortable conversation - catching up with each other, learning about each other, sharing mothering tips, and playing games. We look forward to our next gathering.

We want to thank all those who participated and welcome our newest members. Although all those currently in the Guild could not attend, we know they were there in spirit. We are encouraged and excited about the anticipated growth that will make this next year super. New ideas, experiences, and people will help the Guild of the Christ Child fulfill its great potential.

Watch the Church bulletin for news of our upcoming picnic in June and our August pool party.

Faithfully His,
Jane Goeller, *President*



POHICK CHURCH ANNUAL PARISH RETREAT

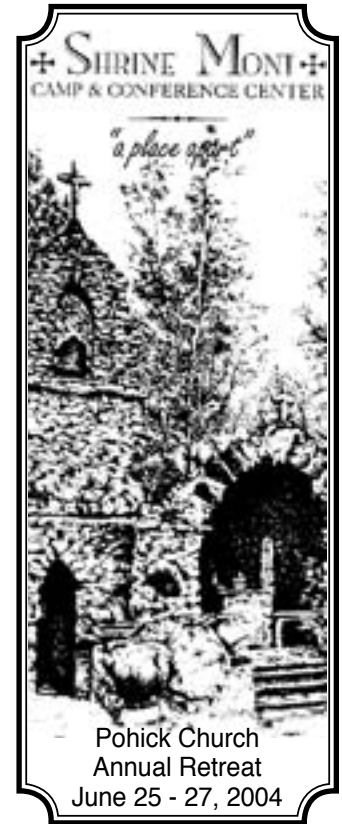
Shrine Mont, Virginia

Dates: June 25 - 27, 2004, from Friday dinner (5:30pm) through Sunday lunch (12:30pm)

Sign-up Deadline: Sunday, June 20, 2004

Shrine Mont Overview: It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont, in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. Here, the diocese owns 1,100 acres of forest land featuring trails and lakes, hills and streams, at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees and guests worship at this beautiful shrine regularly.

Fees: The cost is \$115 for adults (13 & over), \$35 for youths (8-12) and \$10 for children (4-12). Children 3 & under are free, except for a crib fee of \$6 for the weekend (if a crib is required). Baby-sitting during adult sessions is available for an additional \$10. This year's fees reflect an increase for adults and a reduction for children. The Shrine Mont Board of Directors implemented new youth rates this season in keeping with a longstanding tradition of being family-oriented. Please note that these costs should not prohibit anyone from attending the retreat. Anyone need financial assistance should contact the Reverend Don Binder (703-339-6572). Costs are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 pm.



Baby-sitting Service: For parents with children, we will have a super program for young people, as well as a baby-sitting service (\$10), in order to free up parents for other activities. Baby-sitters will be provided during adult study sessions (only).

What to Bring: While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for our evening fellowship time together at the "Gathering Place." You also may wish to bring a flashlight, Bible, jacket or sweater, and other personal items (a fan is not a bad idea, the air at Shrine Mont is cooled only by mountain breezes).

Study: We will gather on three occasions to study, but note, no one is obligated to attend any of these planned sessions. One may choose to do one's own thing for part of the time, or for the entire weekend! Shrine Mont expects parents to be responsible for the actions of their children.

2004 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION (Front)

Name(s) _____

Address: _____

E-Mail: _____ Telephone No: _____

_____ Adults (\$115 each) _____ Youth (8-12, \$35 each)

_____ Children (4-7, \$10 each) _____ Young Children (3 and under, free) _____ Cribs required (\$6 each)

Total enclosed: \$ _____

Please enclose a check to Pohick Church, marked "Shrine Mont," for \$115 per adult (age 13 & over), \$35 per youth (8-12), \$10 for each child (4-7), young children (3 & under) are free. There is an additional charge of \$10 if you wish to take advantage the baby-sitting and \$6.00 for each crib required. If you have questions, please call the Parish Office (703 339-6572). We hope that you will be able to part of this family gathering.

REGISTRATION DEADLINE – SUNDAY, JUNE 20, 2004



2004 POHICK CHURCH PARISH RETREAT Shrine Mont, Orkney Springs, Virginia

Friday, June 25

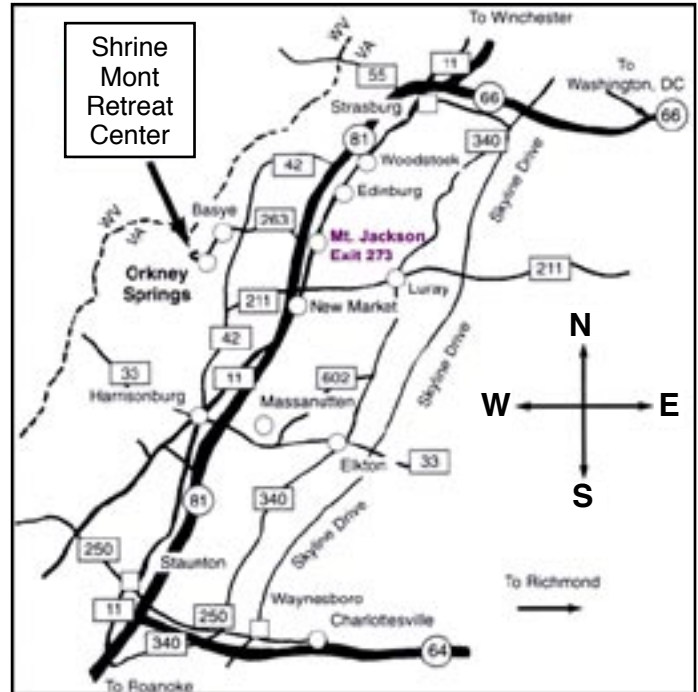
Afternoon arrival	Dinner
5:30 p.m.	Orientation in Art Hall
7:30 – 8:30 p.m.	Compline
8:30 p.m.	The Gathering Place
9:00 p.m. until...	

Saturday, June 26

7:30 a.m.	Morning Prayer in Art Hall
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session I in Art Hall
10:30-12:30 p.m.	Open/Activities
12:30 p.m.	Lunch
1:00-4:30 p.m.	Open/Activities
4:30-5:30 p.m.	The Gathering Place
5:30 p.m.	Dinner
7:00-8:00 p.m.	Session II in Art Hall
8:00 p.m.	Evening Prayer at the Shrine
9:00 p.m. until...	The Gathering Place

Sunday, June 27

8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session III in Art Hall
10:30-11:00 a.m.	Pack, Check-out
11:00 a.m.	Holy Eucharist at the Shrine
12:30 p.m.	Lunch
1:30-4:00 p.m.	Open/Depart



Shrine Mont is located 1 hour south of Winchester or 1 hour north of Harrisonburg, and approximately 2 1/2 hours from the Washington, D.C. and Richmond metro areas. To reach Shrine Mont follow I-81 to Mt. Jackson (Exit #273). Turn left from DC or right from Richmond onto Rt. 703 (east), then right (south) on US 11, follow through town, turn right on Rt. 263 and follow approximately 15 miles to Orkney Springs.

Golf: Anyone desiring to play golf on Friday should plan to arrive at Shrine Mont at noon. Tee times will start at 1:00 pm. Contact Vern Eppley (703-222-2049) for details on teams, course, etc. Tee times will also be available on Saturday.

Directions to Shrine Mont: From Pohick Church, take I-66 west to I-81 south. Exit 273 at Mt. Jackson. Turn RIGHT. Go to STOP sign. Turn LEFT. Go to STOP sign. Turn RIGHT on to State Route 263 to Orkney Springs and Shrine Mont. The trip takes about two hours from Pohick.

2004 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION (Back)

Activities and Options: If you are interested in a particular activity, call

Tom or Susan Mayberry (703-494-6108), and they can let you know whom else has expressed interest:

- | | | | |
|-------------------------------------|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Basketball | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Shuffleboard |
| <input type="checkbox"/> Tennis | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Fishing | <input type="checkbox"/> Mountain Climbing |
| <input type="checkbox"/> Golf | <input type="checkbox"/> Hiking | <input type="checkbox"/> Eating | <input type="checkbox"/> Bridge/other card games |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Shopping | <input type="checkbox"/> Antiquing | <input type="checkbox"/> Porching* |
| <input type="checkbox"/> Other | | | |

*You have to ask someone who does it.



CHRISTMAS MART CONSIGNMENT ROOM

Help stock the Consignment Room for the November Christmas Mart. As you do your Spring Cleaning, go through your collectibles and extras. Put aside any items that you no longer want but might be of value to someone else. Think about items such as, silver pieces, old doilies, pictures, figurines, glassware, holiday decorations, etc. Edie Barlett will be happy to store any of your treasures until November.

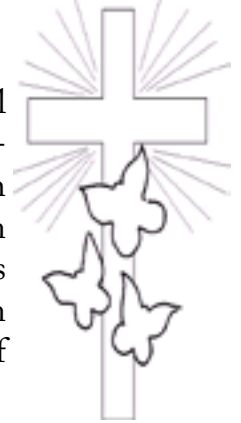
In addition, individuals are welcome to consign handmade items such as crafts, needlework, knitting, crocheting, etc. Consigners do not have to be members of Pohick Church. Your contributions make the Consignment Room a success. To consign or to ask questions, simply contact Edie Barlett at 703-780-6809 or redsse@aol.com.



NEWCOMERS

The Anderson Family – Bruce and Julie moved from Los Angeles to Lake Ridge, VA, in August 2003. They have two children – Sydney (9) and Meg (6). Both graduates of UVA, Bruce is in the Air Force stationed at the Pentagon and Julie is busy raising the children.

The Yarwood Family – Hal and Susan recently transferred to Pohick along with their two children – Alyson (10) and Kirsten (15). Hal is a Navy contractor and Susan works for the Secretary of Defense.



BUILDING/CAPITAL CAMPAIGN REPORT

At the May 11th Vestry meeting, the Vestry voted in favor of hiring Whitney Jones, Inc. (“WJI”) to be the consultant for the Capital Campaign Committee (“CCC”) for Stage I (Discernment) and Stage II (Survey). After the completion of the first two stages, if Pohick Church decides to go forward with the project to raise capital, it is very likely WJI will continue to work with the Church on the next two phases of the project. Whitney Jones himself will be the senior member of the consulting team assigned to Pohick Church.

Based in Winston-Salem, WJI is a consulting company that specializes in raising money for non-profit organizations and focuses primarily in the mid-Atlantic region. Whitney Jones is an Episcopalian and has a very strong background in advising churches in general and Episcopal churches and schools in particular on raising funds. Mr. Jones’ approach is spiritually based when it involves Capital Campaigns for churches. To learn more about WJI, access the internet site <http://www.whitneyjonesinc.com>.

Meanwhile, other members of the CCC are busy with tasks related to gathering information about the Building/Capital program. Members are interviewing churches that have recently undergone renovation and focusing on architects used for that process. Other members of the CCC will be consulting parishioners about prior building activities and perceived needs at Pohick. Another task relates to the development of information outlined in the Pohick Church Strategic Plan. Information about the Strategic Goal 3: Physical Resources can be accessed at <http://www.pohick.org/post/pp7-02stratplan.html>.

So the activity has reached one milestone and is about to embark on the next milestone, which will start a very busy time for the CCC. We ask for your prayers for energy to persevere as we seek wisdom and God’s help to arrive at the right place in our growth in this changing community.





EYC NEWS

Mission Trip: The EYC Mission Trip to Brighton, TN, is almost here! Congratulations to the team, which raised over \$17,000 to make this trip possible. Most of the money will be used for materials to repair homes, work camp staff and meals. Any leftover funds will be used to offset our transportation costs or forwarded to the 2005 team. We are still in need of one more adult chaperone (male or female, 21 years or older) to go on the Mission Trip (July 10-18). Please contact Andy Fluet (703-550-2643 or anfluet@starpower.net) if you are interested.

A hearty THANKS to all who helped with or contributed to the yard sale on April 24. This event, in its second year, is turning out to be beneficial for all - not only did it raise more than \$3,500 for our mission work, but it brought many non-parishioners through our doors. The bargain prices for clothes, furniture, toys, etc. is obviously serving a need for many in our community and seems to be building goodwill toward Pohick! Special thanks goes to Carolyn McNeal, Laurie Holly and Angela Edgemon, who took charge of the setup, sorting and pricing of merchandise.

Thanks to those who came out to our May fundraisers, Fuddruckers night and the Spring Coffeehouse. Together they raised about \$400 for the mission trip. I can't thank enough those who helped coordinate these events, including Leslie Schwoppe, Sarah Booth, Megan Dwyier, Emily Pehrsson and Carolyn McNeal; and of course, the new Starbucks in Lorton Valley for the coffee and all of the Coffeehouse performers.

Youth Sunday: June 6, the first Sunday of June, is Youth Sunday!! (It's also Trinity Sunday.) Remember, the service will start at 10:00 am, but we would like all those participating in the service to be at the church by 9:15 am. Come hear (and see) how the EYC explains the mystery of the Holy Spirit!

Let's Celebrate! On June 13, each EYC group will have its own school year-end bash. The 5th/6th graders will go bowling, and the Junior and Senior High groups will have their own pool parties and barbecues. Stay tuned for more details on where and when.

Important! It's time to move onward and upward...rising 5th graders are invited to the 5th/6th grade year-end party. Likewise, rising 8th graders are

invited to the Junior High party and rising 9th graders are invited to the Senior High party.

Small Groups: We will start small groups again this summer. These groups consist of no more than six young people plus an adult leader. Members of small groups meet weekly to talk about what's going on in their lives, pray and hang out. We'll provide opportunities to sign up for a small group at upcoming EYC meetings. If you are an adult and interested in leading a small group, or if you could host one by opening up your home for meetings, contact Andy Fluet (703-550-2643 or anfluet@starpower.net) by June 12.

Summer Calendar: As of mid-May, here's how the summer EYC calendar looks (events and dates subject to change). A more definitive calendar will be provided in early June:

- | | |
|--------------------|--|
| June 13 | School year-end parties |
| June 17 (6-8 p.m.) | Mission Trip meeting |
| July 5 | O's game* |
| July 10-18 | Mission Trip/Brighton, TN** |
| July 27 | Busch Gardens |
| August 6 | Daytime Mystery Tour* |
| August 15 | Water Night & Ice Cream Social |
| August 28 or 29 | Parent/Youth Whitewater Rafting Trip** |
| September 12 | EYC kickoff picnic |


* Senior High only (including rising 9th graders)

** Junior & Senior High only (including rising 7th graders)

***Rising 5th graders invited to 5th/6th grade summer events

Adults: If you can help setup one of the events above, we sure could use your help! (It basically requires making phone calls, and you don't have to be a parent of an EYC youth to help!) In addition, if you'd like to chaperone or provide transportation to any of these events, please contact Andy (703-550-2643 or anfluet@starpower.net) today.

Andy Fluet, *EYC Advisor*



MARTHA GUILD

The Martha Guild will meet on Wednesday, June 2 in the Common Room Annex at 7:30pm. We invite all women of Pohick Church to join us as we plan our calendar of activities for the fall and winter. Feel free to contact Connie Myers at 703-455-4652 with any questions.



RELIGIOUS EDUCATION NEWS

It has been a wonderful Church School year. A hearty thank you goes to all of the teachers, staff, substitutes, and aides who have made this year such a success! You all have been so generous with your time and talents. The students have all been very blessed to have such wonderful people to work with them.

During the summer months, the preschool through rising second graders will meet together in classrooms C and D for Summer Bible Storytelling Time. This will be in lieu of Children's Chapel and Children's Church. Parents should drop off their children between 9:50 and 10:00.

Following story time, the children will join their parents in the church during the peace. If you have any questions, please call Frances Sessums at 425-2857.

VACATION BIBLE SCHOOL

Pohick's annual Vacation Bible School will be held July 12 – 16 from 9:00a.m. - 12:00p.m. The theme is *Son Games*. The children will be learning about one of God's most valuable players, Paul. Classes are available for children as young as two and one-half years old through 5th grade students. One parent of two year olds must stay and help in some way in case the child needs them. The classes are set up so that the child attends the grade just completed. The week promises to be full of learning, fun, and adventures!

Registration forms are available in the Pohick Post and outside the religious education office. Please register your children as soon as possible as it helps greatly with planning. Friends and neighbors are welcome to attend.

Students from 6th through 12th grade students will be teachers or aides. Volunteers are needed. Nursery is available throughout the week. If you are interested in helping or have any questions, please call Frances Sessums at 425-2857.

MUSIC NOTES

A big THANK YOU to all who made fundraising for the organ renovation a huge success! A special THANK YOU goes to Mo Faber, Mari Spragins, and choir members, who helped make the Virginia Wine Tasting event an enormous triumph! After expenses, approximately \$2400 was raised in one evening.

With all the donations, pledges, and contributions, the Music Memorial will be completely replenished and one more stop will be purchased for the organ. The Music Memorial is designated as an emergency account for expenses not covered in the annual budget. It is not too late to make a donation to the organ fund. Additional donations will help keep the Music Memorial account growing!

Lastly, thank you to Father Binder, Reverend Piver, members of the Organ Committee, Alex Hodge, Charlotte Knipping, Historic Pohick Foundation members, the Music Committee, the choir, and the congregation for their support of this project. The enthusiasm and support have generated widespread interest in the restoration of the organ, which is an integral part of our worship service.

Soli Deo Gloria,
Vicky

SOUNDS OF POHICK CONCERT

SATURDAY, JUNE 5

7:00 PM

Please join us for an evening of music, scripture, stories and hymn singing! The choirs of Pohick will be presenting a program exploring the ways music is interwoven with our spiritual lives. Admission is a free-will offering to support Pohick's Music Ministry. Bring your hearts and voices to help us celebrate God's gift of music!





PARISH NURSE CORNER
Carol Heddleston, *Parish Nurse*

Enjoy the wonderful warm weather by going out for some physical exercise or relaxing on the back deck. Here are some ideas I have planned for my ministry in the coming months.

I am in the process of procuring an **Automatic Electronic Defibrillator** from the American Red Cross for Pohick Church. The money for this device has already been donated. A representative from ARC will help make the placement decision for the equipment and provide information for training members of the parish to use the machine.

Based on parish input, a **Grief Support Group** is another program that I will be undertaking in the next few months. There seems to be a great need for this type of support group at Pohick Church, so please let me know if you are interested in participating. The group would meet once a week for a period of 6 weeks, and at the end of the six weeks, a decision would be made to continue or end the session.

Blood Pressure Screenings will also be scheduled in the very near future, so please stop by and have your blood pressure checked. It is the one thing you CAN control to prevent a stroke or heart attack.

Transfers

Andrew Alexander Whitaker
David Lee Smither

Marriage

Randall David Cudworth
and Julie Ann Willhoite on May 15, 2004

Burials

Josephine Geschickter Smith, buried April 28, 2004
Roswell Davenport Merrick, buried May 6, 2004
Randy Merrick, buried May 6, 2004

POHICK CHURCH KITCHEN

Thanks to several great helping hands (Jane Thurston, Sandra Caesar, Susan Homar, Jan & Don Buckius, Molly Schwoppe and Peter Binder) the kitchen was cleaned and reorganized on "Spring Clean-Up Day." The cabinets were cleaned out, items placed in their proper spot, and the Pantry was cleaned and organized. The cabinets and drawers are labeled and you should find the items listed inside them. The freezer has been relocated to the Pantry.

Help is requested to maintain the cleanliness and organization of the kitchen and Pantry. Everyone using the kitchen should return items to their proper location as noted by the labels. A supply of paper products and coffee supplies are usually in the kitchen area, so *please* check *before* going to the Pantry area to restock.

Extra food or supplies from a function left in the kitchen should be stored properly or labeled for others to use. If you leave food, *please* make sure it is properly stored so our little church-mice don't get too fat!! Thanks again to the individuals that helped on Spring Clean-Up Day and thanks to everyone that helps maintain the cleanliness and organization of the kitchen.

Thanks,
The Kitchen Committee



**POHICK
COUNTRY FAIR
BOOK**

The content of the Pohick Country Fair Book will be increased by 40% this year. Good progress is being made with advertising renewals but assistance is needed in soliciting new ads. Please brainstorm about any candidates, incumbents, firms, or individuals that might be willing to support Pohick Church by purchasing ad space. Mike Schmid, 703-455-6266, and Anita Stribling, 703-550-0444, are standing by for your suggestions and your aid.

Pohick Post articles are due by the 15th of the month prior to publish month. Please forward your input by email in Word compatible format to Lori Buckius, raebuck@aol.com. Design concerns should be addressed to Carmel Hodge, cchodge@aol.com. ☺



Gospel Light's SonGames 2004



**POHICK EPISCOPAL CHURCH
Vacation Bible School
July 12 - 16, 2004**

REGISTRATION FORM

TO BE HELD AT: Pohick Episcopal Church
9301 Richmond Highway
Lorton, Virginia 22079

Beginning at age 3 (only if
potty-trained) - Grade 5*
Monday - Friday
9:00 A.M. - 12:00 Noon

IT IS NECESSARY FOR THE DAILY SESSIONS TO BEGIN PROMPTLY AT 9 A.M.

If you would like to help our Christian Education budget a donation of \$15.00 per family would be most appreciated.

Directions: Please fill out a separate form for each child attending.

Child's Name _____

Address _____
(street) (city) (zip)

Telephone _____ Date of Birth _____

*School Grade completed in June of 2004 _____

Parent's Names _____

Medical Information (eg food allergies, etc.) _____

PLEASE CHECK WHERE APPROPRIATE:

- I can stay and help if needed.
- We would like to carpool, if possible.
- My child would like to come, but will need a ride.
- I can provide a ride for _____ child(ren).



**Please return this form to the church office, either in person or by mail
(address listed above).**



POHICK EPISCOPAL CHURCH
VACATION BIBLE SCHOOL

PERMISSION FOR EMERGENCY CARE



Name of Child _____

Date of Birth _____

Name of Parent/Guardian _____

Address _____

Telephone _____

“THE CHURCH HAS MY PERMISSION TO CALL ANOTHER PHYSICIAN IN AN EMERGENCY WHEN FAMILY PHYSICIAN OR I CANNOT BE CONTACTED.”

Name of Family Physician _____

Telephone _____

IS YOUR CHILD:
ALLERGIC TO MEDICATION? _____

IF SO, WHICH _____

ANY OTHER ALLERGIES - SUCH AS BEE STINGS _____

UNDER PHYSICIAN’S CARE? _____

UNDER MEDICATION NOW? _____

“THE CHURCH HAS MY PERMISSION, IN AN EMERGENCY WHEN I (OR MY PHYSICIAN) CANNOT BE CONTACTED, TO TAKE MY CHILD TO THE EMERGENCY ROOM OF THE NEAREST HOSPITAL AND ITS MEDICAL STAFF HAVE MY AUTHORIZATION TO PROVIDE TREATMENT WHICH A PHYSICIAN DEEMS NECESSARY FOR THE WELL-BEING OF MY CHILD.”

NOTE: By law a parent cannot consent in advance to any and all manner of emergency care. It is understandable that in cases, other than the need for immediate emergency treatment, the attending physician may defer treatment pending the parent’s permission to administer professional service.

(parent/guardian signature)



(date)





Pohick Church Activities

JUNE 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 MAY	31	1 JUNE	2	3	4	5
<i>Pentecost</i> 7:45a HE I 9:00a HE II 10:15a Ced 11:15a HE I 5:00p Youth Confirmation Class EYC Practice for Youth Sunday	<i>Memorial Day</i>  Church Office Closed	9:30-10:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent-Toddler Group 6:00p St. Cecilia & St. Alban Choirs 7:30p Holy Eucharist & Unction	6:15p Bell Choir 7:30p Choir of Pohick 8:30p AA	6:00-8:00p Dress Rehearsal	8:00-9:00a BSA 7:00p Sounds of Pohick Concert
6	7	8	9	10	11	12
<i>Trinity Sunday</i> 8:00a HE I 10:00a Youth Sunday 5:00p Youth Confirmation Class		6:00a-7:00p Primary Election 9:30a-10:30a Staff Meeting 2:30p HE II, The Fairfax 7:30p Vestry Meeting	10:00a Parent-Toddler Group 7:30p Holy Eucharist & Unction	8:30p AA		8:00-9:00a BSA 9:15a Historic Foundation 9:30a -3:00p Prayer and Pilgrimage
13	14	15	16	17	18	19
Proper 6c 8:00a HE I 10:00a HE II 5:00p Youth Confirmation Class	<i>Flag Day</i> 	9:30a-10:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent-Toddler Group 7:30p Holy Eucharist & Unction	4:00p Mission Trip Team Meeting 8:30p AA		8:00-9:00a BSA
20	21	22	23	24	25	26
<i>Fathers Day</i> Proper 7c 8:00a HE I 10:00a HE II 10:00a Bishop Visitation		9:30a-10:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent-Toddler Group 7:30p Holy Eucharist & Unction	8:30p AA	<u><i>Parish Retreat</i></u>	<u><i>Parish Retreat</i></u> 8:00-9:00a BSA 9:30-11a Property Committee Meeting
27	28	29	30	1 JULY	2	3
<u><i>Parish Retreat</i></u> Proper 8c 8:00a HE I 10:00a HE II		9:30a-10:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent-Toddler Group 7:30p Holy Eucharist & Unction	8:30p AA		8:00-9:00a BSA

Please contact the Parish Secretary, Vonne Troknya, if you would like your group's meeting or event listed on the monthly calendar: troknya@pohick.org.



SUNDAY SERVICE VOLUNTEERS

	6 JUNE	13 JUNE	20 JUNE	27 JUNE	4 JULY
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USHERS

8:00	Bob Bartlett John Springer	Jim Hayes Becky Wagner	David Lehner Mike Zane	Marvin Boundy Bill Horton	Ken Evans Bill Stewart
10:00	George Crump Chris Brown Kathy Kirkland Jack McCracken	Tom Bland Terry Mullins Dennis Myers Judy Schmid	Vern Eppley Randy Brooks Jim Foster Grant Hodges	Dan Muir Jack Cunningham Ruth Cunningham Pehr Pehrsson	Bob Armstrong Joseph Moran Nancy Sage John Springer

OPEN - UP

7:00	Almetha Powell	Jim Hayes	David Lehner	Rebecca Gray	Reed Heddleston
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LOCK - UP

1:00	Bruce Baird	Diana Bland	Randy Brooks	D'Andrea Wooten	Bob Armstrong
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LAY READERS

8:00	J. Hayes P. Springer	D. Lehner D. Muir	N. Sunderland B. Wagner	D. Barnett E. Glynn	TBA
10:00	F. Ayorinde R. Heddleston	D. Heintze C. Knipling	B. Gastrell N. Sage	B. Baird V. Eppley	TBA

TELLERS

11:00	M/M Bartlett	Kirkland/Pinkard	M/M H. Brown	Allen/Allen	Boundy/Faber
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GREETERS

8:00	Bill Wrench	Becky Wagner	Virginia Voght	M/M J. Edwards	M/M K. Evans
10:00	M/M J. Sage	M/M B. Armstrong	M/M Chris Brown, D. Norcross	M/M B. Bartlett	Bill Bland

ALTAR GUILD

AM	D. Harrill J. Holm/E. Scott BJ McPherson E. Pitcock A. Powell A. Powell C. Sams J. Schmid	P. Emmons E. Meek G. Pack J. Sunderland R. Teale T. Vaughan B. Wagner	P. Emmons E. Meek G. Pack J. Sunderland R. Teale T. Vaughan B. Wagner	J. Buckley C. Foster C. Hanchin C. Heddleston K. Hodges N. Sage J. Wells S. Wrona	J. Buckley C. Foster C. Hanchin C. Heddleston K. Hodges N. Sage J. Wells S. Wrona
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FLOWER GUILD

AM	C. Baker	V. Voght	J. Brimmer	BJ/K. McPherson	A. Stribling
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NURSERY

8:00	M/M M. Elston	Anita McChargue	TBA	TBA	TBA
10:00	Kristy Moon	Aimee Froling	TBA	TBA	TBA

COFFEE HOUR

8:00	M/M Ferlazzo	M/M Bartlett	M/M Evans	M/M Evans	B. Wagner
10:00	M/M Ayorinde	EFM	M/M Hamly	M/M McCullough	M/M Wooten



SUNDAY SERVICE VOLUNTEERS

	6 JUNE	13 JUNE	20 JUNE	27 JUNE	4 JULY
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ACOLYTES

8:00	LC A. MacGregor	LC Erica Pehrsson	LC Seyi Ayorinde	LC Molly Schwoppe	LC Sarah Booth
10:00	TBA	LC Alaina Harriman SC Rachael Booth T William Wrona T Sarah Wooten B T. MacGregor	LC Kelsey Pehrsson SC Sarah Stevens T Sean Jeffers T Sarah Wooten B William Wrona	LC Kathleen Lehner SC Kristine Mial T David Dwyier T Travis From B Blake Albertson	LC Erica Pehrsson SC Emily Pehrsson T Colleen Mulliins T Austin Gastrell B Sean Dugan



Kids Korner selections will coincide with recent Sunday School topics.

PAUL, HOW YOU HAVE CHANGED!

Paul hated the Christians. He was so mean to all, men and women, who were Christians. He wanted them all put in jail. He had gone to a high Priest in Jerusalem. Paul had requested a letter from him. The letter said that all Christians must be put in jail.

Paul was with a group of men. They were near Damascus. They were all going there to stop the spread of Christianity. While they were traveling, just outside of Damascus, a strange light showed down from heaven. The light was terribly bright. The light kept getting brighter and brighter. It surrounded Paul. Paul fell to the ground. Just then he heard a voice. The voice said, "PAUL! PAUL! Why are you persecuting me?" Paul didn't recognize the voice. "Who is speaking?" Paul asked. The voice answered, "I am Jesus. Now get up and go to Damascus and wait for Ananias."

Everyone with Paul was amazed. They heard the voice, too. They saw no one. Paul picked himself up off the ground. What had happened? He couldn't see! He was blind. His friends helped him to Damascus.

Ananias lived in Damascus. He had heard that Paul was coming. He had heard of all those awful things that Paul had done to Christians. Ananias, along with other Christians were worried.

The Lord spoke to Ananias in a vision saying,

"Ananias!" "Yes, Lord," said Ananias. "Go to Straight Street and find Paul," said the Lord. "But Lord," said Ananias, "I have heard that Paul is so cruel. What if he wants to hurt me?" "It's ok," said the Lord. "Go and do as I have asked." So Ananias went to Paul's house.

Paul had been blind for 3 days now. He neither ate nor drank during this time. When Ananias arrived at Paul's house, he prayed for him. "Brother Paul, the Lord sent me. The Lord wants you filled with the Holy Spirit that you will get your sight back." Instantly, Paul could see again. He ate and drank. He was filled with the Holy Spirit.

Paul stayed in Damascus. He became good friends with the Christians. He learned from them. Paul became a preacher. It wasn't long until Paul started teaching people about Jesus.

What do you think? Do you think Jesus cares about everyone? Why do you think Paul changed? Can anyone change?



