

POHICK POST

Pohick Episcopal Church

9301 Richmond Highway • Lorton, VA 22079
Telephone: 703-339-6572 • Fax: 703-339-9884

Let your light so shine (Matt. 5:16)

MAY 2007



From The Rector
The Reverend
Donald D. Binder, PhD

If, therefore, the whole church comes together and all speak in tongues, and outsiders or unbelievers enter, will they not say that you are out of your mind? . . . If anyone speaks in a tongue, let there be only two or at most three, and each in turn; and let one interpret.

I Corinthians 14:23, 27

To open one of my recent classes on “Reaching Out to our New Neighbors,” I flashed the above verses up on the screen. As you might guess, my choice of Scripture drew some puzzled looks, since speaking in tongues is not a liturgical tendency for which we are noted at Pohick.

And so I quickly passed out a copy of the previous Sunday’s bulletin with the following instructions: “Now, imagine you are a visitor on Sunday morning who has never before been in an Episcopal Church. Are there any parts of this bulletin that might seem to you as though it were written in a foreign tongue?”

The class members had little trouble picking some out. “Sanctus,” said one; “S-114” said another. “How about ‘collect?’” said a third, “it sounds like you’re taking up a collection!” Several other obvious candidates soon followed.

“If you were a visitor to our Church,” I continued, “chances are that you would find at least some of these terms indecipherable.”

I went on to relate my recent experience at a retirement luncheon for one of our members who had worked for the Federal Government. While I enjoyed

the occasion immensely, I commented afterwards that they should have distributed a code-book for the uninitiated, since every fifth word from each speaker’s mouth was a governmental acronym. I had no idea what most of them were talking about!

How to fix the corresponding problem for the newcomer at Pohick?

One approach adopted by some congregations, I shared with the class, is to print out the entire Order of Service with all of the speaking parts and hymns included in booklet form each Sunday. That’s a course I’ve decided not to take at Pohick, not only because it would kill a lot of trees, but also because it would hinder our congregation (newcomers included) from learning to use our Prayer Book and hymnals, all of which are rich resources for worship.

Then I drew the class’s attention back to St. Paul’s words in I Corinthians, particularly his insistence that any “tongue speaking” be accompanied by an interpreter.

“In our situation with visitors on Sunday morning,” I asked, “just who are the interpreters?”

“We all are!” came the reply.

And of course, they were right. For newcomers to begin to feel at home on Sunday mornings, they need not just the all-important warm smiles and words of welcome; they also need for those of us “in the know” to help them navigate the intricacies of our liturgy. That means feeding them the right books (“What is this LEVAS book, anyway?”), helping them find the right pages (“What does this ‘S’ mean in the hymnal?”), and guiding them through the various “ups and downs” of our rather aerobic liturgy.

Continued on page 2



From the Rector: continued from page 1

You have some help in this regard. The very first page of each Sunday insert is entitled, "A Warm and Special Welcome to our Visitors and Newcomers!" It contains a wealth of useful information about Communion (often an area of confusion for newcomers), the Nursery, Sunday school classes, and Coffee Hour. The Ushers are also available for tending to such special needs as large-print Prayer Books, hearing devices (which we soon hope to upgrade), and mobility issues.

When the service has concluded, introduce new families around and invite them to Coffee Hour. Identify them to the ushers, clergy and greeters, so that they too can greet them and pass onto them one of our welcome bags. With just a little conscious effort and a gracious attitude, we can make our visitors not only feel welcome, but soon feel completely at home.

Remember: God sends each and every one of them to us. All have their own stories and reasons for coming to us. Honor that. Be willing to listen and even to share your own spiritual story.

Charity may begin at home; evangelism begins at Church.



SENIOR WARDEN'S REPORT

Tom Mayberry, *Senior Warden*

Many thanks to the Ann Mason Guild for sponsoring the Chili Cook-Off on Saturday, April 14. There was a great turnout! Kudos to the contest winners: Mo Faber with a first place ribbon, D'Andrea Wooten for second, and Randy Brooks for People's Choice.

Just a reminder, Shrine Mont is a little over a month away! The annual parish retreat, a super event for the entire family, will be held June 22 – 24, 2007, at the Diocese's retreat center in Orkney Springs. Please look for the sign-up sheet in this edition of the *Post*.

Discussed at the April Vestry meeting:

- Reverend Binder reported that the Church door renovation was completed on schedule in time for Holy Week. A dedication ceremony will be held in May. He also shared that Chet Little was conducting extensive research on Pohick's cemetery, and that he has donated framed copies of pew deeds signed by George Washington, George William Fairfax, and George Mason.
- Reverend Binder indicated that work was continuing with the contract architect on a phased approach to renovate and expand the current facilities. **Phase 1a** calls for construction of an access road to an expanded and paved parking lot. **Phase 1b** calls for cosmetic upgrades to the Parish Hall, and connection to the county's sewer system to replace the septic systems now in use at the Parish Hall and Rectory. **Phase 2** will add a wing to the east side of the Parish House with a new nursery and work shop for the Sexton. **Phase 3** will bring a new kitchen, expand the Parish Hall, install an elevator, and construct a new music room. **Phase 4** calls for a new and larger sanctuary in the vicinity of

the work shed.

- John Pasour provided a detailed financial report for the quarter. The plate and pledge income for March was below average. Income is now 4.2% below the historic average, which represents a year-to-date shortfall of \$24,360.
- Wayne Biggs indicated that the Spring Cleanup will address a number of issues identified during a recent fire inspection. Estimates to replace the carpeting upstairs in the Parish House are being reviewed.
- The Vestry voted for the expenditure of up to \$25,000 to repair the Rectory's septic system. The present system was installed 45 years ago and was estimated to last 40 years.
- Edwardene Pitcock indicated that the Stewardship Commission was getting ready for the annual Wishing Well drive.
- Susan Pehrsson attended a preschool licensure class. She will be researching zoning and facilities issues governing the establishment of a preschool at the parish.
- Arianne Davison's last Sunday will be May 6.

Tom Mayberry is available to discuss any Pohick topics or suggestions. Contact him at TSMayberry@comcast.net. For Vestry issues, label all written or electronic correspondence "Vestry-Gram."

DON'T FORGET!



Sunday service times will change on June 3! Please join us for the 8:00 am or 10:00 am service.



EYC NEWS

Jen Crump-Strawderman, *Youth Minister*

May will be a busy month for EYC! The annual Yard Sale will be held on Saturday, May 5 from 7:00 am until 2:00 pm. Proceeds from the sale go toward the 2007 Mission Trip to Hoosick Falls, NY. Yard Sale items can be placed in the Common Room. A pickup service is being offered for any large items that parishioners are unable to bring to the Church.



On May 12, the EYC will be offering a “**Parents Night Out**” fundraiser for the Mission Trip. Parents are encouraged to drop their children off at Church and teens will babysit for the evening. Babysitting service will be offered from 6:00 pm - 10:00 pm. Infants through age 10 are welcome. Parents should feed their children before bringing them to Church. An evening snack will be provided. Parents are encouraged to bring “bed time” items so that the children will be ready for bed when picked up (that includes night clothes, toothbrush, sleeping bag, and any other items needed). The evening will consist of planned fun activities and crafts. As bedtime draws closer, children will be prepared for bed, and will watch a movie until picked up by a parent. Donations toward the Mission Trip will be appreciated. Please watch the bulletin for more information and to register children.

During the month of May, the EYC will begin preparations for Youth Sunday on June 3. This is the start of Pohick’s summer service schedule. The teens will be leading the service, giving the sermon, and singing songs from the retreats, and mission trip.

Finally, EYC teens and families - mark the calendar for the End of Year Picnic on Sunday, June 10. This promises to be GREAT FUN! Several parents have volunteered to plan a Road Rally for the teens/parents which will end with the picnic. What is a road rally? Think about this: getting clues, working with the teen/parent to decipher the clues, following directions, driving in the car around town, and having a picnic dinner! This is a unique opportunity for families to spend time together and work as a family. What a super family outing, and it is already planned! How often is there a family fun day without the hassle of planning? More information will be available in next month’s *Pohick Post* as well as the Sunday bulletin.



CHRISTIAN EDUCATION

Frances Sessums, *Director of Christian Education*

Rusty Booth deserves a big thanks for all his help with this year’s Lenten program. He did a great job assisting with the preschoolers through third grade students.

This season 740 Easter eggs were hidden and found! All of the hunters had a wonderful time! Thanks go to Rusty Booth, Tom Goeller, Davis Sessums, and John Sessums for doing such a tremendous job coordinating the egg hunts! It all was a great success.

Volunteers are still needed for next year’s Church School. Fortunately, quite a few people have already committed themselves to this wonderful ministry! However, there are still positions open: teachers, storytellers, doorpersons, snack coordinators, and aides. Helping in the Church School is a very rewarding experience. Volunteering gives one the opportunity to grow in faith and knowledge of the Bible. It is also a way to get to know the young parishioners as well as the other volunteers. Training and support is provided for all of these positions. If interested in volunteering or finding out more about the program, please call Frances Sessums at 703-425-2857.



Baptisms

April 7, 2007

Katharine Lacy Eagan,

daughter of Brendan and Beth Eagan

Derek Jonathon Fischer,

son of Kenneth and Kimberly Fischer

Sarah Hart Elizabeth Hodges,

daughter of William and Janet Hodges

Megan Elizabeth Thurman,

daughter of John and Madeline Thurman

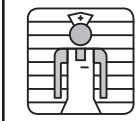
Marriage

April 14, 2007

Christopher A. Harriman and Jennifer M. Kalis

Transfer

Kimberly Knowles Fischer



HEALTH NEWS

Carol Heddleston, *Parish Nurse*

DEPRESSION IN TEENAGERS

Teenagers are very prone to depression with one in five teens having a mental health problem. Significant physical (puberty) and emotional tension i.e. dating, parent conflicts, and school pressure are common during the unstable transition from childhood to adulthood.

Most severely depressed teens feel very isolated and alone. It is important for parents, siblings, and friends to reach out to them in a nonjudgmental way to listen and reassure. Keep in mind, there will be turmoil with even the most stable teen.

Depression is treatable. Get a counselor involved. Begin psychotherapy, frequently over the teen's resistance. Antidepressant and insomnia medication may be helpful. Generally, talking about depression and suicidal feelings will not make the problem worse. Hospitalization may be helpful in severe cases as a safe place for emotional reconstitution.

Stress events that can cause teenage depression: relationship breakups; parent divorces or conflicts; school achievement problems; family history of depression or bipolar disorder.

Symptoms of depression are varied: persistent sad moods and boredom; decreased self confidence; irritability; social withdrawal, dropping extra activities; apathy, decreased school grades; pessimism; alcohol or drug abuse; suicidal feelings; changes in eating habits and/or sleeping patterns.

Work to prevent depression: Good child and adolescent mental health strategies begin in childhood. Keep children active in the community through scouting, volunteer work, or paid jobs. Encourage joining faith and community youth groups along with sports teams or social groups.

The 2007 Interfaith Conference on Suicide Prevention and Mental Wellness for Youth will be held on May 8 at St. Matthew's United Methodist Church in Annandale. To register for this free conference go to: fairfaxyouth.org/toolkit/index.html

There will be a FREE Senior Health Fair at Mount Vernon Hospital on May 24 from 10:00 am until 1:00 pm. If interested in having many health screenings for FREE, please call 703-204-3366 for an appointment.

WHAT'S THE DIFFERENCE...

...between the Historical Pohick Foundation/Friends of Pohick/Pohick Inc. and the Pohick Church General Endowment Fund/the Endowment? Good question! Both are focused on helping ensure that Pohick is around for generations to come.

	Historic Pohick Foundation, Friends of Pohick, Pohick Inc.	Pohick Endowment Fund, Endowment Fund
<i>Purpose</i>	To identify and address areas requiring immediate maintenance (inadequate fire suppression program), and long term demands (100 yr old roof).	To ensure a permanent income to Pohick to support specific Church activities such as Outreach, Christian Education, Youth Programs, etc.
<i>Typical Activities Funded</i>	Recent projects include lightening ground rods and replacing Church doors.	Principle held in perpetuity with 5% of annual interest applied to above activities. Vestry decides amount applied to the activities.
<i>Focus of Funding Sources*</i>	Sources interested in preserving and advancing Pohick's historical significance, including foundations, and individuals.	Planned gifts, such as gifts of appreciated securities, bequests made in a person's will, or charitable trusts provided by parishioners.
<i>Management Structure</i>	An incorporated entity that is entirely separate from Pohick Church. However, the Vestry must approve the efforts undertaken.	Managed by Board of Trustees consisting of 5 Parish members. The Board determines investment strategy for the fund's principal. Each year a new board member is selected to a 5-year term as a current member's term expires.
<i>Current Chair</i>	William Wrench, 703-250-4141 wbwrench@cox.net	Debbie Halla, 703-317-3358 debbiealbert@hotmail.com

**Overlap of funding sources exists. Contact current Chair to make contribution.*

MARTHA GUILD

The Martha Guild will meet on Wednesday, May 2, in the Common Room Annex beginning at 7:30 pm. All women of the Church are invited to attend and share in the plans for future events and projects. Please contact Connie Myers with any questions at 703-455-4652, or by email at jetskiing@hotmail.com.



POHICK CHURCH ANNUAL PARISH RETREAT

Shrine Mont, Virginia

Dates: June 22 - 24, 2007, from Friday dinner (5:30pm) through Sunday lunch (12:30pm)

Sign-up Deadline: Sunday, June 17, 2007

Shrine Mont Overview: It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont, in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. The diocese owns 1,100 acres of forest land featuring trails and lakes, hills, and streams at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees, and guests worship at this beautiful shrine regularly.

Fees: The cost is \$123 for adults (ages 13 and over), \$77 for youths (ages 8-12), \$30 for children (ages 4-7), and free for children under three. If a crib is required, there is a \$6 fee for the weekend. Babysitting during adult sessions is available for an additional \$10. Please note that these costs should not prohibit anyone from attending the retreat. Anyone needing financial assistance should contact the Reverend Don Binder (703-339-6572). Fees are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 pm.

Babysitting Service: For parents with young children, there is a babysitting service (\$10), so parents can attend activities. Babysitters will be provided only during adult study sessions.

What to Bring: While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for evening fellowship time together at the "Gathering Place." Also consider bringing a flashlight, Bible, jacket or sweater, fan, and other personal items.

Study: We will gather on three occasions to study, but note, no one is obligated to attend any of these planned sessions. One may choose to do one's own thing for part of the time, or for the entire weekend! Shrine Mont expects parents to be responsible for the actions of their children, especially during the periods between the three planned sessions.



2007 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION

Name(s) _____

Address: _____

_____ E-Mail: _____ Telephone: _____

_____ Adults (\$123 each) _____ Youth (8-12, \$77 each) _____ Children (4-7, \$30 each)

_____ Young Children (3 and under, free) _____ Cribs required (\$6 each) _____ Babysitting (\$10)

Total enclosed: \$ _____

Enclose a check to Pohick Church, marked "Shrine Mont" in the memo section. For more information, call the Parish Office at 703-339-6572.

REGISTRATION DEADLINE – SUNDAY, JUNE 17, 2007



2007 POHICK CHURCH PARISH RETREAT Shrine Mont, Orkney Springs, Virginia

Friday, June 22

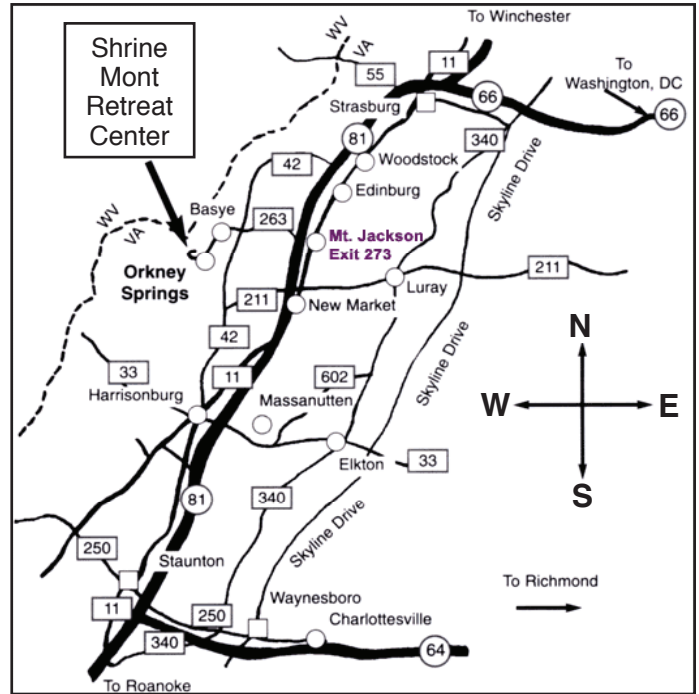
Afternoon arrival	
5:30 p.m.	Dinner
7:30 – 8:30 p.m.	Orientation in Art Hall
8:30 p.m.	Compline
9:00 p.m. until...	The Gathering Place

Saturday, June 23

7:30 a.m.	Morning Prayer in Art Hall
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session I, group Photo at Shrine
10:30-12:30 p.m.	Open/Activities
12:30 p.m.	Lunch
1:00-4:30 p.m.	Open/Activities
4:30-5:30 p.m.	The Gathering Place
5:30 p.m.	Dinner
7:00-8:00 p.m.	Session II in Art Hall
8:00 p.m.	Evening Prayer at the Shrine
9:00 p.m. until...	The Gathering Place

Sunday, June 24

8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session III in Art Hall
10:30-11:00 a.m.	Pack, Check-out
11:00 a.m.	Holy Eucharist at the Shrine
12:30 p.m.	Lunch
1:30-4:00 p.m.	Open/Depart



Shrine Mont is located 1 hour south of Winchester or 1 hour north of Harrisonburg, and approximately 2 1/2 hours from the Washington, D.C. and Richmond metro areas. To reach Shrine Mont follow I-81 to Mt. Jackson (Exit #273). Turn left from DC or right from Richmond onto Rt. 703 (east), then right (south) on US 11, follow through town, turn right on Rt. 263 and follow approximately 15 miles to Orkney Springs.

Golf: Anyone desiring to play golf on Friday should plan to arrive at Shrine Mont at noon. Tee times will start at 1:00 pm. Contact Don O'Connell (703-455-7315) for details on teams, course, etc. Tee times will also be available on Saturday.

Directions to Shrine Mont: From Pohick Church, take I-66 west to I-81 south. Exit 273 at Mt. Jackson. Turn RIGHT. Go to STOP sign. Turn LEFT. Go to STOP sign. Turn RIGHT onto State Route 263 to Orkney Springs and Shrine Mont. The trip takes about two hours from Pohick.

2007 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION

Activities and Options: Indicate particular activities of interest.

Tom or Susan Mayberry (703-494-6108) will keep track of others expressing an interest in all options.

- | | | | |
|-------------------------------------|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Basketball | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Shuffleboard |
| <input type="checkbox"/> Tennis | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Fishing | <input type="checkbox"/> Mountain Climbing |
| <input type="checkbox"/> Golf | <input type="checkbox"/> Hiking | <input type="checkbox"/> Eating | <input type="checkbox"/> Bridge/other card games |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Shopping | <input type="checkbox"/> Antiquing | <input type="checkbox"/> Porching |
| <input type="checkbox"/> Other | | | |



MUSIC NOTES

Linda Egan, *Minister of Music*

My life flows on

in endless song; above earth's lamentation

The Sounds of Pohick annual free concert is Saturday, June 2, 2007, at 4:00 pm. Be sure to come, and invite friends.

*I catch the sweet, though far-off hymn
that hails a new creation.*

Performances will be heard by the Choir of Pohick, the Pohick Bell Choir, the St. Francis Choir, the St. Cecelia St. Alban Choir, and the Pohick Pickers in concert in the Church.

*No storm can shake my inmost calm
while to that Rock I'm clinging*

There will be music by Brahms, Britten, Bagley, Egan, Geschke, McChesney, Rogers, Sessums, and Strommen. There will be spirituals, hymns, and gospel music.

*Since Christ is Lord
of heaven and earth, how can I keep from singing?*

Voices of children, teenagers, and adults will be accompanied by organ, handbells, piano, guitars, Orff

instruments, and percussion.

After all that good music, come share refreshments in the Common Room. It will be a great way to spend the end of a June afternoon. Don't miss it!

Thanks to the cantors who sang on Wednesdays during Lent: Susan McHargue, Jud Sage, Jeff Parker and Mason Botts. Thanks also to the choir members who attended each week. Everyone discovered the beauty of music from Taize in both its simplicity and complexity.

Could anyone doubt that Christ had risen after hearing the St. Francis Choir sing "He is alive again" on Easter Sunday? Thanks to all the choristers and their parents for their hard work and dedication to singing, and to their director, Barb Lynn for showing the way.

All the members of the Choir of Pohick gave many extra hours to prepare and sing for the Holy Week services. Singing the music of Stainer, Mozart and Britten takes a lot of work. Thanks for all the extra effort.

Loyalty, dedication, and musicianship are so important to music for worship at Pohick. The choirs gather to rehearse and to make music in services to the glory of God, grateful to be able to sing, ring, and play His praises.

SHRINE MONT WORK WEEKEND

Despite seven inches of snow on the mountain, Pohickians prevailed at the Shrine Mont Work Weekend, held March 16 - 18. There were many brave hearts in attendance that navigated the rain, snow, and sleet to accomplish God's work. A very large "THANKS" is in order. Although 105 had signed up from around Virginia, only 65 actually showed up to work. The 22 volunteers from Pohick made up 33% of the total volunteers from Virginia.

The snow was beautiful on Friday evening and early Saturday morning. Twenty Virginians worked on landscaping projects, which included cleaning the Orkney Springs Pond, clearing ditches, and planting spring annuals. The largest project was construction of a 200 foot suspension bridge across swamp land leading to some of the camp sites. This project was led by the Lafoon family from Richmond, and was completed by 10 folks in 1½ days. John Pasour and the Bland boys were on the all volunteer crew. Tommy Franks, Terry Mullins, and Shawn Hartig checked the smoke detectors, and replaced worn out hardware on the doors in every building. Alan Mayberry participated on the Survey Crew to mark the Shrine Mont property line, which was a relatively dangerous undertaking with all the snow. Tom Mayberry worked on a crew that constructed 18 new Adirondack chairs. Judy Schmid, Pia Mullins, Debbie Pasour, and Karen Franks worked on setting up the new bookstore in the Commonwealth Room underneath the Hotel Dining Hall. New ceiling fans were installed in most houses, which will be appreciated at the Pohick retreat in June.

The food was first class, and fortunately, the dining room is still controlled by the Moomaw family with Kevin assuming control. Thelma was still fully visible in the kitchen preparing her homemade doughnuts. The Saturday night barbeque chicken dinner was with the Orkney Springs Fire Department.

Saturday evening there were three different board games being played to the sound of Celtic music, Sinatra, and Josh Grobin in Peterkin House. Everyone was exhausted and in bed by 11:30 pm preparing for the Sunday service, which was provided by a young Rector from Northern Virginia. Work continued until noon on Sunday. Photographs will soon be available in the Common Room.



18th Annual Pohick Church Memorial Golf Tournament

Honoring the Service of Ralph Pinkard and Graham Davis

REGISTRATION FORM

Name of Golfer: _____

Address: _____

Phone: Home: (_____) _____ Office: (_____) _____

e-mail address: _____

Names of golfers in foursome: (singles/doubles will be paired!)

Golfer #2: _____

Golfer #3: _____

Golfer #4: _____

DATE: Monday, June 4, 2007

TIME: 12:00 pm Registration • 1:00 pm Shotgun Start (*Captain's Choice*)

LOCATION: Twin Lakes Golf Course • 6201 Union Mill Road • Clifton, VA

DIRECTIONS: Take the Fairfax County Parkway to Braddock Road west. Take Braddock Road west about 2½ miles to Union Mill Road. Turn left on Union Mill Road. Take Union Mill Road to a left turn into Twin Lakes Golf Course.

ENTRY FEE: \$90 donation per person covers 18 holes of golf, golf cart, practice tee and balls, drinks on course, putting contest, supper, prizes, and a small donation to Pohick Church's Building Fund. Three (3) mulligans for \$5.00 per player available. Buy at registration table! Additional suppers available for guests at \$15 per guest. Make checks payable to Pohick Church. Designate *Golf Tournament*.

REGISTRATION DEADLINE: May 14, 2007 - The golf course needs to plan for the number of teams playing. Late registration should be coordinated with Don O'Connell.

MAIL or FAX REGISTRATION: Pohick Church, 9301 Richmond Hwy, Lorton, VA 22079
Fax • 703-339-9884

CHAIR PERSON/REGISTRATION: Don O'Connell • 703-455-7315 • doconnell@dp-assoc.com

PRIZES: Jim Hayes • 703-913-7402 (home) • jas.hayes@verizon.net

"What better way to spend a Monday afternoon than chasing a little ball with friends!"



Pohick Church Activities • May 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL 29	30	MAY 1	2	3	4	5
Easter 4c 7:45a HE I 9:00a HE II 10:15a Christian Ed. 11:15a HE I 12:30p Youth Choir 6:30p EYC Dinner (All Groups)	6:30p EFM	9:30a Staff Mtg. 2:30p HE II, The Fairfax 7:00p Tutoring	10:00a Parent/ Toddler Group 6:00p St. Francis Choir 7:30p HE/LOH	6:30p Bell Choir 7:00p EFM 7:30p Adult Choir 8:30p AA		7:00a EYC Yard Sale 8:00a BSA
6	7	8	9	10	11	12
Easter 5c 7:45a HE I 9:00a HE II 10:15a Christian Ed. 11:15a HE I 12:30p Youth Choir 6:30p EYC	6:30p EFM	9:30a Staff Mtg. 2:30p HE II, The Fairfax 7:00p Tutoring 7:30p Vestry Meeting	10:00a Parent/ Toddler Group 6:00p Commu- nity of Hope 6:00p St. Francis Choir 7:30p HE/LOH	6:30p Bell Choir 7:00p EFM 7:30p Adult Choir 8:30p AA		8:00a BSA
13	14	15	16	17	18	19
<i>Mother's Day</i> Easter 6c 7:45a HE I 9:00a HE II 10:15a Christian Ed. 11:15a HE I 12:30p Youth Choir 6:30p EYC (All Groups)	<i>Registration deadline for Golf Tournament</i> 6:30p EFM	9:30a Staff Mtg. 2:30p HE II, The Fairfax <i>Pohick Post Deadline</i>	10:00a Parent/ Toddler Group 6:00p St. Francis Choir 7:30p HE/LOH	<i>Ascension Day</i> 6:30p Bell Choir 7:00p EFM 7:30p Adult Choir 8:30p AA		8:00a BSA
20	21	22	23	24	25	26
Easter 7c 7:45a HE I 9:00a HE II 10:15a Christian Ed. 11:15a HE I 12:30p Youth Choir 6:30p EYC	6:30p EFM	9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 6:00p St. Francis Choir 7:30p HE/LOH	6:30p Bell Choir 7:00p EFM 7:30p Adult Choir 8:30p AA		8:00a BSA
27	28	29	30	31	JUNE 1	2
<i>Pentecost</i> 7:45a HE I 9:00a HE II 10:15a Christian Ed. 11:15a HE II 12:30p Youth Choir	6:30p EFM	9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 6:00p St. Francis Choir 7:30p HE/LOH	6:30p Bell Choir 7:00p EFM 7:30p Adult Choir 8:30p AA		7:00a EYC Yard Sale 8:00a BSA

VACATION BIBLE SCHOOL

Pohick's annual Vacation Bible School will be held July 9 - 13 from 9:00 am to 12:00 noon. The curriculum being used is Gospel Light's Sonforce Kids (Special Agents). Students will have exciting daily missions and Bible teachings which will help them become strong and courageous kids who love God and point others to Jesus. This promises to be a great week of fun and adventure! Please mark the calendar and plan on attending!

There will be classes for 2½ year olds through fifth grade students. A parent or caretaker of the 2½ year olds is required to be on the grounds helping in some way. There is also a nursery available throughout the day. The 6th through 12th grade students will be teacher assistants.

Many volunteers are needed! There are still openings for: lead teachers, assistant teachers, recreation director, snack and nursery assistants. For more information, contact Frances Sessums at 703-425-2857.



JUNIOR WARDEN'S REPORT

Wayne Biggs, *Junior Warden*

Thanks to an anonymous donor, the Church doors were refurbished and hung in time for Holy Week.

A productive Spring Cleanup Day was planned. A major task was the reorganization of authorized storage areas. To improve access, the Fairfax County Fire Department has encouraged the removal of all stored items from the mechanical closet and below stairwells in the Parish House. Also, temporary or permanent doorstops must be removed from fire doors, which are most of the doors. Thanks to all who made this year's cleanup day a success.

Research continues on other preservation initiatives. The Historic Pohick Church Foundation and the Property Committee continue work on a Church needs assessment. The list is complete and prioritized, and needs analysis based on logistics and finances. Church parishioners as well as professionals have conducted studies in many of the areas. More advice is being sought, so notify Wayne Biggs or John Sessums if interested or knowledgeable in historic preservation.

EYC YARD SALE!

May 5 • 7 am - 1 pm

This is a great chance to do some spring cleaning & help the EYC Mission Trip!

Please place donations in the Common Room.

EYC can pick up large items that parishioners cannot bring to the Church.

Contact Jen Crump-Strawderman for more information, to schedule a pickup, or if you can volunteer to help!

Call 703-339-6572 or email h8meats@earthlink.net.

SOUNDS OF POHICK CONCERT

Saturday, June 2

4:00 pm

Please watch the Sunday Bulletin for more information!



CHRISTMAS MART NEWS

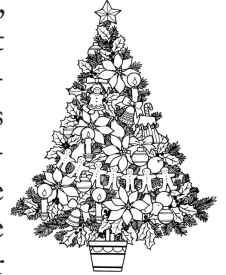
Yes, it is only May, but it is never too early to make plans for the annual Christmas Mart. Therefore, this is a call to ALL women of the Church - PLEASE attend a meeting to discuss the 2007 Christmas Mart!

2007 Christmas Mart Planning Meeting

Wednesday, May 23 • 7:30 pm

Pohick Church • Common Room Annex

This meeting is for ALL women who have been involved, want to become involved, or those just wanting to learn about the Christmas Mart. As with any successful event, planning ahead makes everything go well. The major purpose of the meeting is to discuss the various rooms/tables available for the Mart, any changes or suggestions for the event, and to establish the various chairmen and committees. Contact Connie Myers at 703-455-4652 or email jetskiing@hotmail.com with any questions.



Come May 23 and find out how to become involved in the fun and fellowship of the Christmas Mart!

AFRICAN JEWELRY SALE

For the last several years, Pohick has taken the opportunity to promote the efforts of African Team Ministries through the sale of jewelry, musical instruments and other items. That tradition will continue on Sunday, May 6 and Sunday, May 13. The proceeds of these sales benefit the efforts in Africa to provide health and economic resources. Please enjoy shopping during coffee hour following each of the three services - it is a great opportunity for Mother's Day gifts and graduation gifts! Questions - please contact Susan Homar at 703-550-6058.

SEND US NEWS!

Articles for the June 2007 *Pohick Post* are due NO LATER than **May 15!**

Forward input by email in Word compatible format to Lori Buckius, raebuck@aol.com.



Design concerns & items for the Sunday Service Volunteers page should be addressed to Carmel Hodge, cchodge@cox.net.



SUNDAY SERVICE VOLUNTEERS

	6 MAY	13 MAY	20 MAY	27 MAY	3 JUNE
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USHERS

7:45	Bob Bartlett Ken Evans	Joe Moran Bill Stewart	Paul Peterson Lane Phillips	Don O'Connell Tony Marsico	8:00 Edwardene Pitcock Shirley Kapusciaz
9:00	Tom Bland Jim Hayes John Hishta Dru Hodges	Mo Faber Santos Garcia Matt Gurrola Grant Hodges	Jim Heller Terry Mullins Hal Yarwood Susan Yarwood	Jim Foster Dennis Myers Warren Prados Gerry Smither	10:00 Fuzzy Thurston Tony Harriman Susan Homar Greg Wilson
11:15	Don Buckius Lynn Seyler	Scott Broadbent Kathy Kirkland	Tom Mayberry Bill Bland	John Pasour Nancy Sage	

OPEN - UP

7:00	N. Hogg	J. Moran	S. Pehrsson	D. Hutson	E. Pitcock
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LOCK - UP

1:00	J. Albertson	S. Leon	T. Mayberry	J. Pasour	R. Teale
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TELLERS

12:15	Brooks/Mayberry	Buckius/Faber	Pitcock/Schmid	Heintze/TBA	TBA
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LAY READERS

7:45	J. Springer (R) B. Wagner (P)	J. Hayes (R) D. Muir (P)	B. Wagner (R) E. Wrona (P)	J. Hayes (R) J. Springer (P)	TBA
9:00	R. Heintze (P) J. Pasour (R)	R. Cudworth (P) B. Gastrell (R)	S. Harding (P) R. Heddeston (R)	R. Heintze (P) C. Lafean (R)	TBA
11:15	R. Nelson (P) E. Wrona (R)	C. Knipling (P) M. Merriam (R)	S. Homar (R) R. Nelson (P)	B. Gastrell (R) M. Merriam (P)	TBA

NURSERY

AM	Anita McHargue Sally Wise	Julie Burcher Janet Hodges	Mike Krajack Svea Krajack	Janet Ayorinde Jessica Rafanan	Kathryn Killin Suzanne Donithan
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GREETERS

7:45	M/M Bill Stewart	Bill Wrench	TBA	TBA	8:00 TBA
9:00	M/M Oscar Wells	Edwin & Tamara Harvie	TBA	TBA	10:00 TBA
11:15	Barbara Kight	Portia Richter	TBA	TBA	

MUSIC

9:00	Choir of Pohick St. Cecelia St. Alban Choir	Choir of Pohick St. Francis Choir	Choir of Pohick Pohick Pickers Trumpets	Choir of Pohick	St. Cecelia St. Alban Choir
11:15			St. Cecelia St. Alban Choir		

PARENTS NIGHT OUT

EYC Fundraiser for the 2007 Mission Trip to Hoosick Falls, NY

May 12, 2007 • 6:00 - 10:00 pm

Infant children through age 10 are invited to this fun night of activities & crafts!

Parents, please feed children before arrival & bring "bed time" items (PJs, toothbrush, sleeping bag, etc.).

Children will be prepared for bed at the end of the evening. An evening snack will be provided!

Donations to the Mission Trip are encouraged • Watch bulletin for more details & registration information

