

POHICK POST

Pohick Episcopal Church

9301 Richmond Highway • Lorton, VA 22079
Telephone: 703-339-6572 • Fax: 703-339-9884

Let your light so shine (Matt. 5:16)

MAY 2006



From The Rector
The Reverend
Donald D. Binder, PhD

As many of you know, the 75th General Convention of the Episcopal Church is set to meet this year, from June 13-21 in Columbus, Ohio. Because of the furor arising over certain events surrounding this gathering in 2003, I wanted to apprise the parish of the ways they can keep informed about this assembly's proceedings, as well as make their views known to the bishops and deputies of our diocese.

First of all, I have updated the "Anglican Communion News and Resources" Page (temporarily renamed the "General Convention 2006 News and Resources" Page: www.pohick.org/anglican.html) with links to recently posted documents on the General Convention web site. Chief among these is the *Report to the 75th General Convention*, otherwise known as *The Blue Book*. It contains all the reports and resolutions arising from the various Standing Commissions of the Episcopal Church, along with those of other important committees.

As you might imagine, these reports and resolutions are wide ranging in subject matter. Most of them are non-controversial, and many are worthy of support (e.g., Resolution A058, adding C.S. Lewis and others to our church's "Lesser Feasts and Fasts" calendar).

More controversial is a separately published document, "Report of the Special Commission on The Episcopal Church and the Anglican Communion." This was written in response to several statements

from the larger Anglican Communion in the aftermath of our last General Convention's confirmation of Gene Robinson's election as the Bishop of New Hampshire.

While I am not yet prepared to offer detailed comments on this report, as it was only recently published, my first reading of this document leads me to view it as a recommendation that General Convention step back from the course it began to take three years ago. To be sure, the competing viewpoints of the drafting committee members can be discerned throughout the document and its accompanying resolutions. Nevertheless, I believe it is a good starting point for General Convention to begin thinking about the Episcopal Church's place within the larger Anglican Communion, which would necessarily include its compliance with the Church's established teachings on Human Sexuality.

The move in this direction seems to have been given impetus by the rather pointed remarks made by the Bishop of Exeter - an emissary of the Archbishop of Canterbury - in his address to the House of Bishops at their retreat in March of this year. Speaking about the upcoming General Convention, Bp. Michael Langrish stated, "any further consecration of those in a same sex relationship; any authorisation of any person to undertake same sex blessings; any stated intention not to seriously engage with The Windsor Report [the international report calling the Episcopal Church to reconsider the actions of the 74th General Convention] - will be read very widely as a declaration not to stay with the [Anglican] Communion."

Continued on page 2



From the Rector: continued from page 1

The directness of this address, coupled with mounting international pressure and growing internal dissent, seems to have led many bishops to rethink their positions on this matter. While it is unclear whether the finally approved resolutions will satisfy the Archbishop of Canterbury and all of the Primates, it now seems unlikely that a majority of bishops would consent to the election of a candidate such as the one put forth by the Diocese of New Hampshire three years ago. Bishop Lee himself has pledged not to do so.

Of course, there will be other items of business going on at the General Convention, including the election of a new Presiding Bishop. As you have time, please read through the various documents on the web page mentioned above. Then, as you feel God lead you, make your views known to our bishops and the Virginia deputation through the email links also included on that page (pjlee@thediocese.net; djones@thediocese.net; deputation75@thediocese.net). Keep in mind that the most effective communiqués are focused, concise, theologically thoughtful, and written with a tone of respect.

The Vestry and I will endeavor to keep the congregation informed about any late-breaking developments leading up to the Convention, as well as our consideration of any appropriate responses in its aftermath. In the meantime, please keep this meeting and our church in your prayers, that the bishops and deputies will respond favorably to the sage counsel of the Anglican Communion, understanding their entreaties to embody the guidance of the Holy Spirit.

After distributing the Audio System Survey over two Sundays and in last month's *Pohick Post*, we received 133 responses. Of these, 102 (77%) were in favor of adding a sound system to the Church, while 31 (23%) were opposed. One third of the respondents indicated that they had difficulty hearing during the services, which many of them elaborated upon in their comments. More than two-thirds of those replying indicated that they would be willing to contribute funds to underwrite such a system. Among both those for and against the proposed addition, there was concern expressed that it not detract from the historic look of our church. In addition, a number of respondents stated their desire that any system have a high-quality, authentic reproduction of the human voice.

After reviewing the results of the survey, the Vestry referred the matter to the Property Committee for exploration of various options that would meet the stated criteria, along with their price tags. The Jr. Warden will be reporting on these in future editions of the *Pohick Post*.

HURRICANE KATRINA

A group from Pohick will be heading down to New Orleans (June 3 - 11) to help with Hurricane Katrina cleanup efforts. The work will be coordinated through the Episcopal Diocese of Louisiana (EDOLA). EDOLA has set up an organized effort to help with the cleanup and Pohick is able to contribute to the process for one week. The EDOLA has arranged accommodations in a parish house that has been temporarily converted to a dormitory for volunteers. Anyone interested in participating in this mission trip, please contact Susan Homar at 703-550-6058 or via email at Susan.Homar@nciainsurance

For those that are unable to travel to Louisiana, there are still ways to contribute. This mission trip is not part of the Pohick budget. Therefore, those attending will be doing so at their own expense. To help underwrite the cost of the trip, feel free to make a

contribution payable to Pohick Church with a note on the check that it is for "Katrina Mission." In the event there are additional funds, the funds will be donated to the Episcopal Diocese of Louisiana for further disaster recovery efforts.

In addition to transportation expenses and meals, there are a variety of expenses for materials needed for the New Orleans cleanup. A list of some of these items is posted in the Common Room. There is also a list of tools that will be needed. The tools can either be loaned, or donated to be left behind for future workers. Please mark tools as a donation or a loan with a name attached

LAST BUT NOT LEAST, please pray for a safe journey, and for the people and community that will be served.



From The Assistant Rector
The Reverend Jane D. Piver

Since last September, I have been engaged in a course of study at The Shalem Institute program of Spiritual Guidance. I found myself with a reading list, papers to write, and presentations for my peer associate group to prepare. And, I love it.

What is this program all about? “The Shalem Spiritual Guidance Program is designed to nurture the spiritual heart of those called to the ministry of “holy listening,” known as spiritual direction, spiritual guidance, or spiritual companionship. Begun in 1978, this program was the first to offer both academic resources and experiential support for an ecumenical mix of spiritual directors. Since its inception, the Spiritual Guidance Program has attracted and been enriched by men and women from a wide variety of professions and faith traditions from around the world.”¹

What does Shalem mean? Shalem (pronounced “sha-lame”) is named for the Hebrew word meaning whole: to be complete. Scripture tells us to worship God with a lev shalem, or a whole heart.

What is spiritual direction? Perhaps the best place to start in describing this ministry is to say what it is not. First spiritual direction is not psychotherapy nor is it an inexpensive substitute. Spiritual direction is not pastoral counseling, and spiritual direction is not to be confused with mutuality of a deep friendship. I like Margaret Guenther’s basic definition of spiritual direction. She writes that spiritual direction is a “covenanted relationship the director (and the directee) has agreed to put himself aside so that his total attention can be focused on the person sitting in the other chair.”² She concludes that this is a gift of loving attention. So it is. This covenanted relationship goes further and deeper keeping in mind that God is really the director. My own spiritual director often reminds me of how I need to keep my eyes open to see God’s hand at work in my life and in our collective lives.

If you are interested in finding out more about the Shalem Institute you can go to their web site at www.shalem.org. If you are interested in exploring spiritual direction, please feel free to talk to me.

¹ Shalem Institute’s Website

² Guenther, Margaret, *Holy Listening: The Art of Spiritual Direction*. Page 3

Brotherhood of St. Andrew
Membership Dinner Night • June 10, 2006
Pohick Church • Common Room/Annex & Back Terrace

The Brotherhood of St. Andrew wishes to invite all men (young and old) of the Church to a steak and chicken dinner on Saturday, June 10, 2006 from 5:00 - 8:00 pm.

Menu: Steak, chicken, baked potatoes, salad, assorted beverages

Cost: FREE!

See a member of the Brotherhood for a free ticket (tickets to be used to confirm headcount).
Tickets will also be available at coffee hours prior to the event.

Agenda: 5:00 - 6:00 pm Social Hour • 6:00 - 6:45 pm Dinner
6:45 - 7:15 pm Welcoming Remarks and Presentation
on the Brotherhood of St. Andrew • 7:15 - 8:00 pm Social Time

There’s no need to wait until June to join the Brotherhood!

Come to a meeting in the Pohick Church Common Room Annex
any Saturday morning from 8:00 - 9:00 am.

Experience the fellowship breakfast and Bible study!





STEWARDSHIP:

Building Pohick for Today and for Tomorrow

Time, talent, and treasure. The first two of these three components will be discussed in this article.

Frequently when people think of Stewardship they think of the October pledge drive, and the giving of their “treasures” to Pohick. Twice a year, however, there is an opportunity to attend the Activities Fairs, and sign up to offer time and talent to the support of Pohick Church. This year the spring Activities Fair will be held on May 21 at the coffee hour after all three services. For those new to Pohick, this is an excellent time to look at the variety of activities available through different organizations, commissions, and committees.



Even long standing members might find something new to contribute their time and talent.

The Stewardship Committee will have a table featuring a Skills and Talents Survey. Complete a new survey or update an existing one. Everyone is encouraged to complete a survey if it has not already been completed. The survey has such headings as Artistic Skills, Computer Skills, Craftsman Skills, Fundraising, General Handiwork, Musical, Professional and Miscellaneous Skills. The survey is used by the Clergy and Groups at Pohick to find people that might be able to help with specific activities that do not necessarily fall under the sign-up sheets available at the Activities Fair.

Remember Corinthians 1, 12:4-6: *There are different kinds of gifts, but the same Spirit. There are different kinds of service, but the same Lord. There are different kinds of working, but the same God works all of them in all men.*



ATTENTION:

Committee Chairs or Activity Leaders!

For those that head an activity, committee, or guild and wish to promote it at the Activities Fair, contact Debbie Halla, 703-317-3358 or debbiealbert@hotmail.com.

Arrangements for a table must be made by **Sunday, May 7.**

SHRINE MONT WORK WEEKEND

Thanks to all Pohickians for supporting the March work weekend at Shrine Mont. The weather was chilly (25 degrees Sunday morning), but at least it was sunny and warmed up nicely in the afternoon. Approximately 80 folks (15 from Pohick) from all over Virginia congregated to accomplish many landscaping, maintenance, painting, and repair projects throughout the grounds.

The Bland boys and John Pasour accomplished a noteworthy project of constructing a new walkway leading into the Tucker House where the dining hall and meeting rooms are located. It is a first-class effort.

There was great socializing on both Friday and Saturday nights with a roaring fire built by Neil Sunderland and Alan Mayberry. The statewide group is small enough to have a chance to meet and talk to everyone. It is a great environment because everyone knows why they are there i.e. to work hard and get stiff backs, legs, necks, etc.

On Sunday, there was an inspiring service by two rectors, Harrison Simmons, who runs the Shrine Mont bookstore and lives in NC, and one from Richmond. Hopefully next year, the Pohick group can be doubled to 30. It is very interesting to note the way a church builds a positive reputation on the state level by participating in this kind of event.



THE MARTHA GUILD

Connie Myers

The Martha Guild will meet on Wednesday, May 3 in the Common Room Annex at 7:30 pm.

The June meeting for the Martha Guild will be a dinner meeting on Wednesday, June 7 - place and time to be determined at the May 3 meeting. Details will be forthcoming in the Sunday Bulletins and by email.

All women of Pohick Church are cordially invited to join the fellowship and service to the Church and community. For questions, please contact Connie Myers, 703-455-4652 or email jetskiing@hotmail.com



POHICK CHURCH ANNUAL PARISH RETREAT

Shrine Mont, Virginia

Dates: June 23 - 25, 2006, from Friday dinner (5:30pm) through Sunday lunch (12:30pm)

Sign-up Deadline: Sunday, June 18, 2006

Shrine Mont Overview: It's that time again, for fellowship, physical, mental and spiritual renewal at Shrine Mont, in the beautiful mountains of Virginia! Shrine Mont, located in Orkney Springs, 13 miles west of Mt. Jackson, Virginia, is a conference center managed by the Episcopal Diocese of Virginia. The diocese owns 1,100 acres of forest land featuring trails and lakes, hills, and streams at the edge of the George Washington National Forest, a stone's throw from the West Virginia state line. The centerpiece of Shrine Mont is an unusual open air stone chapel, the Cathedral Shrine of the Transfiguration, from which Shrine Mont takes its name. Campers, conferees, and guests worship at this beautiful shrine regularly.

Fees: The cost is \$119 for adults (ages 13 and over), \$74 for youths (ages 8-12), \$27 for children (ages 4-7), and free for children under three. If a crib is required, there is a \$6 fee for the weekend. Babysitting during adult sessions is available for an additional \$10. Please note that these costs should not prohibit anyone from attending the retreat. Anyone needing financial assistance should contact the Reverend Don Binder (703-339-6572). Fees are firm for the weekend, even for late arrivals. If arriving late, one can usually get dinner until 6:30 pm.

Baby-sitting Service: For parents with young children, there is a babysitting service (\$10), so parents can attend activities. Baby-sitters will be provided only during adult study sessions.

What to Bring: While breakfast, lunch, and dinner are provided, bring snacks and your favorite beverages for evening fellowship time together at the "Gathering Place." Also consider bringing a flashlight, Bible, jacket or sweater, fan, and other personal items.

Study: We will gather on three occasions to study, but note, no one is obligated to attend any of these planned sessions. One may choose to do one's own thing for part of the time, or for the entire weekend! Shrine Mont expects parents to be responsible for the actions of their children, especially during the periods between the three planned sessions.



2006 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION

Name(s) _____

Address: _____

_____ E-Mail: _____ Telephone No: _____

_____ Adults (\$119 each) _____ Youth (8-12, \$74 each) _____ Children (4-7, \$27 each)

_____ Young Children (3 and under, free) _____ Cribs required (\$6 each) _____ Babysitting (\$10)

Total enclosed: \$ _____

Enclose a check to Pohick Church, marked "Shrine Mont" in the memo section. For more information, call the Parish Office at 703-339-6572.

REGISTRATION DEADLINE – SUNDAY, JUNE 18, 2006



2006 POHICK CHURCH PARISH RETREAT Shrine Mont, Orkney Springs, Virginia

Friday, June 23

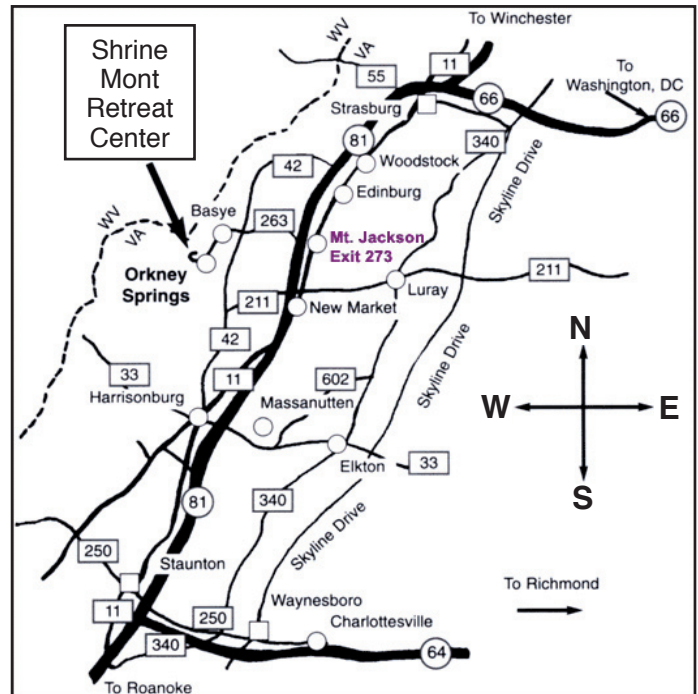
Afternoon arrival	
5:30 p.m.	Dinner
7:30 – 8:30 p.m.	Orientation in Art Hall
8:30 p.m.	Compline
9:00 p.m. until...	The Gathering Place

Saturday, June 24

7:30 a.m.	Morning Prayer in Art Hall
8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session I, group Photo at Shrine
10:30-12:30 p.m.	Open/Activities
12:30 p.m.	Lunch
1:00-4:30 p.m.	Open/Activities
4:30-5:30 p.m.	The Gathering Place
5:30 p.m.	Dinner
7:00-8:00 p.m.	Session II in Art Hall
8:00 p.m.	Evening Prayer at the Shrine
9:00 p.m. until...	The Gathering Place

Sunday, June 25

8:00 a.m.	Breakfast
9:00-10:30 a.m.	Session III in Art Hall
10:30-11:00 a.m.	Pack, Check-out
11:00 a.m.	Holy Eucharist at the Shrine
12:30 p.m.	Lunch
1:30-4:00 p.m.	Open/Depart



Shrine Mont is located 1 hour south of Winchester or 1 hour north of Harrisonburg, and approximately 2 1/2 hours from the Washington, D.C. and Richmond metro areas. To reach Shrine Mont follow I-81 to Mt. Jackson (Exit #273). Turn left from DC or right from Richmond onto Rt. 703 (east), then right (south) on US 11, follow through town, turn right on Rt. 263 and follow approximately 15 miles to Orkney Springs.

Golf: Anyone desiring to play golf on Friday should plan to arrive at Shrine Mont at noon. Tee times will start at 1:00 pm. Contact Don O'Connell (703-455-7315) for details on teams, course, etc. Tee times will also be available on Saturday.

Directions to Shrine Mont: From Pohick Church, take I-66 west to I-81 south. Exit 273 at Mt. Jackson. Turn RIGHT. Go to STOP sign. Turn LEFT. Go to STOP sign. Turn RIGHT onto State Route 263 to Orkney Springs and Shrine Mont. The trip takes about two hours from Pohick.

2006 POHICK CHURCH RETREAT, SHRINE MONT – APPLICATION

Activities and Options: Indicate particular activities of interest.

Tom or Susan Mayberry (703-494-6108) will keep track of others expressing an interest in all options.

- | | | | |
|-------------------------------------|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Basketball | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Shuffleboard |
| <input type="checkbox"/> Tennis | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Fishing | <input type="checkbox"/> Mountain Climbing |
| <input type="checkbox"/> Golf | <input type="checkbox"/> Hiking | <input type="checkbox"/> Eating | <input type="checkbox"/> Bridge/other card games |
| <input type="checkbox"/> Horseshoes | <input type="checkbox"/> Shopping | <input type="checkbox"/> Antiquing | <input type="checkbox"/> Porching |
| <input type="checkbox"/> Other | | | |



BIBLE STUDY CLASS

Ever wondered about the Parables of Jesus? What was Jesus saying with these parables? Why did Jesus use parables? What do they mean today?

For answers to these questions, and more about the Parables of Jesus, be a part a new upcoming Bible Study class. Ken Evans will lead a class and discussion group for seven Sundays beginning on April 23. Class will be held in the Parish House at 10:00 am for about 45 minutes.



Anna Hyer

A graveside service for Anna Hyer will be held on May 26 at 1:00 pm.

Anna Hyer was a member of Pohick Church from 1954 to 1989. She was the first woman elected to serve on the Pohick Vestry, serving from 1971 until 1974 and again from 1980 until 1983. She moved to Florida in 1989, and lived there until her death in April 2006.

Baptisms

April 15, 2006

Samantha Marie Biddlecomb,
daughter of Alfred and Terri Biddlecomb

Madelyn Grace Hodges,
daughter of John and Amy Hodges

Mikayla Joanna Koester,
daughter of Arielle Koester Goeller

Talisman Aeneas Spivak,
*son of Noah Spivak and
stepson of Linda Richardson Spivak*

Jeffrey William Vaughan, Jr.,
son of Jeffrey and Laura Vaughan

Isabella Mavis Zanjani,
daughter of Remin and Veva Zanjani

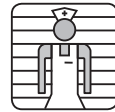


Deaths

Irvin Hunter Mahon, *died March 21, 2006*

Ernest Belter Glynn, *died April 2, 2006*

John Kenneth Suggs, *died April 10, 2006*



HEALTH NEWS

Carol Heddleston, *Parish Nurse*

The following is a true story that came from a fellow parishioner concerning recognition of a stroke.

"Susie" is recouping at an incredible pace for someone with a massive stroke all because "Sherry" saw Susie stumble, and then asked her three questions.

READ and LEARN: Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke. Now doctors say a bystander can recognize a stroke by asking three simple questions:

- Ask the individual to SMILE.
- Ask him or her to RAISE BOTH ARMS.
- Ask the person to SPEAK A SIMPLE SENTENCE.

If he or she has trouble with any of these tasks, call 9-1-1 IMMEDIATELY.

After discovering that a group of non-medical volunteers could identify facial weakness, arm weakness, and speech problems, researchers urged the general public to learn the three questions to ask suspected victims. Widespread use of this test could result in prompt diagnosis of a stroke, treatment for the stroke, and prevent permanent brain damage.

What are the risk factors for stroke?

- High blood pressure (140/90 or higher) is a primary concern. High blood pressure usually has no symptoms, so it is important to have blood pressure checked regularly.

- Cigarette smoking is a major, preventable risk factor. For those that smoke, QUIT!!

- Diabetes raises the risk of stroke. Doctors can help manage diabetes and control cholesterol levels, and blood pressure.

- Atrial fibrillation is when the heart's upper chambers quiver rather than beat, causing blood to pool and clot. Medications are available to control it.

Remember, quick action is extremely important when dealing with a stroke victim.



17th Annual Pohick Church Memorial Golf Tournament

Honoring the Service of Ralph Pinkard and Graham Davis

REGISTRATION FORM

Name of Golfer: _____

Address: _____

Phone: Home: (____) _____ Office: (____) _____

e-mail address: _____

Names of golfers in foursome: (singles/doubles will be paired!)

Golfer #2: _____

Golfer #3: _____

Golfer #4: _____

DATE: Monday, June 12, 2006

TIME: 12:00 pm Registration • 1:00 pm Shotgun Start (*Captain's Choice*)

LOCATION: Twin Lakes Golf Course • 6201 Union Mill Road • Clifton, VA

DIRECTIONS: Take the Fairfax County Parkway to Braddock Road west. Take Braddock Road west about 2½ miles to Union Mill Road. Turn left on Union Mill Road. Take Union Mill Road to a left turn into Twin Lakes Golf Course.

ENTRY FEE: \$85 donation per person covers 18 holes of golf, golf cart, practice tee and balls, drinks on course, putting contest, supper, prizes, and a small donation to Pohick Church's Building Fund. Three (3) mulligans for \$5.00 per player available. Buy at registration table! Additional suppers available for guests at \$12 per guest. Make checks payable to Pohick Church. Designate *Golf Tournament*.

REGISTRATION DEADLINE: May 22, 2006 - The golf course needs to plan for the number of teams playing. Late registration should be coordinated with Tom Bland.

MAIL or FAX REGISTRATION: Pohick Church, 9301 Richmond Hwy, Lorton, VA 22079
Fax • 703-339-9884

CHAIR PERSON: Don O'Connell • 703-455-7315 • doconnel@dp-assoc.com

ADVERTISING (Tee Sponsors): Bob Bartlett • 703-780-6809 • rcbsys@aol.com

REGISTRATION: Tom Bland • 703-978-2286 (home), 703-501-5269 (cell) • tbland6677@aol.com

PRIZES: Jim Hayes • 703-913-7402 (home) • jas.hayes@verizon.net


"What better way to spend a Monday afternoon than chasing a little ball with friends!"



Pohick Church Activities MAY 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
APRIL 30	MAY 1	2	3	4	5	6
Easter 3b 7:45a HE I 9:00a HE II 11:15a HE I 12:30p Youth Choir 4:00p Adult Forum 5p Confirmation Class		9:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 6:00p St. Francis 7:30p HE/LOH 7:30p Martha Guild Meeting	6:30p Bell Choir 7:30p Adult Choir 8:30p AA		8:00-9:00a BSA
7	8	9	10	11	12	13
Easter 4b 7:45a HE I 9:00a HE II 11:15a HE I 12:30p Youth Choir 5p Confirmation Class 5p Mission Trip Mtg. 6p EYC Dinner Night		9:30a Staff Mtg. 2:30p HE II, The Fairfax 7:30p Vestry Meeting	10:00a Parent/ Toddler Group 6:00p St. Francis 7:30p HE/LOH Pohick Post Deadline (please note different date!)	6:30p Bell Choir 7:30p Adult Choir 8:30p AA		8:00-9:00a BSA
14	15	16	17	18	19	20
<i>Mothers Day</i> Easter 5b 7:45a HE I 9:00a HE II 11:15a HE II 12:30p Youth Choir		9:30a Staff Mtg. 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 6:00p St. Francis 7:30p HE/LOH	8:30p AA		8:00-9:00a BSA 9:15a Fair Com- mittee Meeting
21	22	23	24	25	26	27
Easter 6b Activities Fair 7:45a HE I 9:00a HE II 11:15a HE I 12:30p Youth Choir 5p Confirmation Class		9:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 6:00p St. Francis 7:30p HE/LOH	<i>Ascension Day</i> 6:30p Bell Choir 7:30p Adult Choir 8:30p AA	1:00p Anna Hyer Graveside Service	8:00-9:00a BSA
28	29	30	31	JUNE 1	2	3
Easter 7b 7:45a HE I 9:00a HE II 11:15a HE II 12:30p Youth Choir	<i>Memorial Day</i>	9:30a Staff Meeting 2:30p HE II, The Fairfax	10:00a Parent/ Toddler Group 6:00p St. Francis 7:30p HE/LOH	6:30p Bell Choir 7:30p Adult Choir 8:30p AA		8:00-9:00a BSA 4:00p Sounds of Pohick Concert

DON'T FORGET!




Sunday service times
will change on June 4!
Please join us for
the 8:00 a.m.
or 10 a.m. service.

SOUNDS OF POHICK
CONCERT

Saturday, June 3
4:00 pm

Please watch the Sunday Bulletin
for more information!



**SUNDAY SERVICE VOLUNTEERS**

	7 MAY	14 MAY	21 MAY	28 MAY	4 JUNE
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USHERS

7:45	Ken Evans Becky Wagner	Bill Stewart Scott Broadbent	Bob Bartlett Tony Marsico	Jane Thurston Fuzzy Thurston	TBA
9:00	Santos Garcia Jim Heller Stew Remaly Rita Smith	Susan Homar Beth Altman Terry Mullins Dennis Myers	Mo Faber Don Buckius Jim Foster Grant Hodges	Randy Brooks Chris Brown John Pasour Warren Prados	TBA
11:15	Joe Moran Don Buckius	Tom Mayberry Nancy Sage	Bill Bland Don Homar	Edwardene Pitcock Rick Nelson	TBA

OPEN - UP

7:00	Ken Evans	Reed Heddleston	Pete Kind	Jane thurston	Ken Wrona
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LOCK - UP

1:00	Joe Moran	Susan Pehrsson	Sarah Booth	Edwardene Pitcock	Doug Smith
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LAY READERS

7:45	TBA	TBA	TBA	TBA	TBA
9:00	TBA	TBA	TBA	TBA	TBA
11:45	TBA	TBA	TBA	TBA	TBA

GREETERS

7:45	Doug Smith	M/M Bill Stewart	Bill Wrench	TBA	TBA
9:00	M/M Bob Bartlett	Bill Bland	M/M Barry Brown	TBA	TBA
11:45	Beth Atkinson	M/M Bill Poad	M/M Juan R Cruz	TBA	TBA

TELLERS

12:15	M/M Buckius	M/M Bartlett	M/M Brown	M/M Springer	TBA
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ALTAR GUILD

AM	J. Wells/K. Hodges N. Sage C. Foster C. Heddleston J. Buckley S. Wrona C. Hanchin S. Kapusciaz	BJ McPherson J. Holm A. Powell/A. Powell C. Sams J. Schmid E. Pitcock J. Cudworth A. Marsico	BJ McPherson J. Holm A. Powell/A. Powell C. Sams J. Schmid E. Pitcock J. Cudworth A. Marsico	E. Meek/B. Wagner J. Sunderland T. Vaughan P. Emmons R. Teale N. Bireley J. MacDonald D. McCreery	E. Meek/B. Wagner J. Sunderland T. Vaughan P. Emmons R. Teale N. Bireley J. MacDonald D. McCreery
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FLOWER GUILD

AM	E. Hishta	A. Stribling	BJ/K McPherson	C. Hanchin	D. Lehner
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NURSERY

AM	Janet Ayorinde Kelley Perconti	Linda Richardson Julie Burcher	Connie Myers	Debbie Halla Ken Halla	TBA
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The Sunday Service Volunteers Schedule is also available at Pohick Church's website, www.pohick.org, under "Ministries."



SUNDAY SERVICE VOLUNTEERS

	7 MAY	14 MAY	21 MAY	28 MAY	4 JUNE
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ACOLYTES

7:45	LC Molly Schwoppe	LC Emily Wrona	LC Sarah Booth	LC Robert MacGregor	TBA
9:00	LC Justin Brooks SC William Prados T Kirsten Hodge T David Lehner B Madi Lee	LC Andrew MacGregor SC Jacob Remaly T David Gray T Hannah McCracken B Brad McCullough	LC Philip Gastrell SC William Wrona T Dru Hodges T Brad McCullough B David Gray	LC Kelsey Pehrsson SC Zack Perconti T Kirsten Hodge T Rebecca Booth B John Wilson	TBA
11:15	LC Alaina Harriman SC Sarah Wooten T Robert McNeal T Rachel Pehrsson B Rebecca Booth	LC Jane Albertson SC Austin Gastrell T Andrew Wyllie T Travis From B Dru Hodges	LC Kathleen Lehner SC Amber McNeal T David Lehner T Arch Wilson B Julia Mitchell	LC Molly Schwoppe SC Tope Ayorinde T Julia Mitchell T Madi Lee B Hunter Garth	TBA

COFFEE HOUR

7:45	M/M Pasour	M/M Evans	M/M Bartlett	M/M Peterson	8:00 M/M O'Connell
9:00	M/M Hishta	Schmids/Pitcock	M/M Wilson	M/M Tracy	10:00 M/M Hume
11:15	S. Caesar	V. Newell	TBA	TBA	

POHICK CHURCH ANNUAL PARISH RETREAT Shrine Mont, Virginia

The annual parish retreat in Shrine Mont, VA is fast approaching! All Pohickians are encouraged to participate in this weekend of renewal and spiritual enrichment. The parish retreat is held the fourth weekend in June, which this year is June 23-25.

There are many reasons to attend the parish retreat.

- It's a great way to meet and get to know fellow parishioners.
- Rev. Binder's three sessions that will focus on spiritual growth.
- Cozy rooms in quaint cottages and houses in a secluded resort community from yesteryear; time stands still at Shrine Mont; no traffic, no TV, no cell phones, no computers...
- The setting is as peaceful as it gets, take the opportunity to curl up on a porch with a book
- Puzzles, cards
- Music
- Golf, swimming, tennis
- Horseback riding (call ahead, TJ Stables, 540-856-8100)
- Scenic hiking and nature trails

- Fellowship at the Gathering Place (bring a favorite beverage and snack to share)
- Book Store
- Shopping in the Shenandoah Valley
- Outdoor services at the Shrine
- The fried chicken on Sunday

With 137 attending last year, two houses will be added to the inventory! Please look for the flyer and application found in this issue of the *Pohick Post*. Simply drop the application (preferably with payment) into the collection plate at any Sunday service, or drop it by the Church Office. Looking forward to another great weekend at Shrine Mont!

SEND US YOUR NEWS!

PLEASE NOTE NEW DEADLINE!

Articles for the June *Pohick Post* are due NO LATER than **May 10!** Forward your input by email in Word compatible format to
Lori Buckius, raebuck@aol.com.

Design concerns & items for the Sunday Service Volunteers page should be addressed to Carmel Hodge,
cchodge@cox.net.

